

## Raising Financially Fit Kids Joline Godfrey

Start with a Story Raising Financially Fit Kids Big Mistakes Kids, Wealth, and Consequences More Courageous Conversations About Race The Seven Stages of Money Maturity Loaded Raising Financially Fit Kids, Revised The Financially Intelligent Parent Talk to Me Like I'm Someone You Love The to Z Guide to Raising Happy, Confident Kids The Help The Bogleheads' Guide to Investing Silver Spoon Kids Lucky Me Just Mercy Breaking Free The Seven Pearls of Financial Wisdom From Neurons to Neighborhoods Suddenly Single Kids and Money Family Legacy and Leadership How to Make Your Money Last No More Frogs to Kiss Lead Like Jesus Revisited Raising Boys to Be Good Men The Dilemmas of Family Wealth Raising Financially Confident Kids The Investment Answer Strangers at the Feast Casebook on Human Dignity and Human Rights Rich Bitch First Job First Paycheck The Opposite of Spoiled Epstein Our Wildest Dreams The Last House on Sycamore Street Just a Dog Denali Excellent Sheep

### Start with a Story

In this companion to his best-selling book, Singleton presents first-person vignettes and a detailed case study showing educators how to usher in courageous conversations to ignite systemic transformation.

### Raising Financially Fit Kids

How we raise young children is one of today's most highly personalized and sharply politicized issues, in part because each of us can claim some level of "expertise." The debate has intensified as discoveries about our development-in the womb and in the first months and years-have reached the popular media. How can we use our burgeoning knowledge to assure the well-being of all young children, for their own sake as well as for the sake of our nation? Drawing from new findings, this book presents important conclusions about nature-versus-nurture, the impact of being born into a working family, the effect of politics on programs for children, the costs and benefits of intervention, and other issues. The committee issues a series of challenges to decision makers regarding the quality of child care, issues of racial and ethnic diversity, the integration of children's cognitive and emotional development, and more. Authoritative yet accessible, *From Neurons to Neighborhoods* presents the evidence about "brain wiring" and how kids learn to speak, think, and regulate their behavior. It examines the effect of the climate-family, child care, community-within which the child grows.

### Big Mistakes

Statistics show that one half of all marriages end in divorce, 60% of second marriages fail, and 73% of third marriages end before death do us part. In this groundbreaking book, *Breaking Free: A Step-by-Step Divorce Guide for Achieving Emotional, Physical and Spiritual Freedom*, top divorce attorney Rebecca Zung, Esq. provides a comprehensive divorce roadmap, through daily readings, exercises and meditations, offering tips and tools to navigate this challenging time. By addressing the day-to-day emotions, divorce law, financial ramifications, and the spiritual journey anyone contemplating or experiencing divorce will face, *Breaking Free* provides a fresh approach to the issues readers will encounter. In the first section, "Emotional Freedom," Zung explores the initial mix of feelings that accompany the divorce process - from fear and anger to guilt and resignation- and how to overcome them. In the second section, "Physical Freedom," she simplifies the legal aspects of divorce to arm readers with knowledge on how to handle critical issues such as selecting a lawyer, legal issues such as alimony and child support, and coping through the mediation and trial processes. In the "Spiritual Freedom" section, Zung recommends a variety of tips and tools to empower readers to reach spiritual freedom through forgiveness, laughter, integrity and passion. *Breaking Free* is the Divorce Bible for anyone contemplating or experiencing divorce.

## **Kids, Wealth, and Consequences**

A practical-minded, personal finance guide for women who must learn to manage their money, often for the first time, covers such pressing concerns as protecting one's assets, developing a budget, and collecting alimony. Original. 15,000 first printing.

## **More Courageous Conversations About Race**

On Thanksgiving Day 2007, as the country teeters on the brink of a recession, three generations of the Olson family gather. Eleanor and Gavin worry about their daughter, a single academic, and her newly adopted Indian child, and about their son, who has been caught in the imploding real-estate bubble. While the Olsons navigate the tensions and secrets that mark their relationships, seventeen-year-old Kijo Jackson and his best friend Spider set out from the nearby housing projects on a mysterious job. A series of tragic events bring these two worlds ever closer, exposing the dangerously thin line between suburban privilege and urban poverty, and culminating in a crime that will change everyone's life. In her gripping new book, Jennifer Vanderbes masterfully lays bare the fraught lives of this complex cast of characters and the lengths to which they will go to protect their families. *Strangers at the Feast* is at once a heartbreaking portrait of a family struggling to find happiness and an exploration of the hidden costs of the American dream. Published to international acclaim, Jennifer Vanderbes's first book, *Easter Island*, was hailed as "one of those rare novels that appeals equally to heart, mind, and soul," by the *San Francisco Chronicle*. In her second novel, this powerful writer reaches new heights of storytelling. This page-turner wrestles with the most important issues of our time—race, class, and above all else, family. *Strangers at the Feast*

will leave readers haunted and deeply affected.

## **The Seven Stages of Money Maturity**

A practical and inspirational guide for helping the girls of today become the economically empowered women of tomorrow -- featuring a foreword by Gloria Steinem. For Parents, teachers and anyone eager to help girls avoid the traditional paths that lead to economic dependence on men, Joline Godfrey has created No More Frogs to Kiss, the essential handbook for arming the next generation of women with the knowledge and experience they need to ensure their economic independence. The guide contains 99 entertaining "action plans" to teach girls how to become financially empowered. They will learn to find deals in the marketplace, use business vocabulary intelligently, start a small home business more profitable (and fun) than baby-sitting and develop the habit of saving for the future. Accompanying each activity are provocative statistics about women and money, as well as stories of girls and women who have succeeded in their own business ventures. Also included is a resource section that provides suggestions for further reading, a directory of organizations and a glossary of business terms. BLOCKQUOTE"At last! A book of practical, simple and enjoyable activities that will give the girls and young women in your life the opportunity to learn that business is both fun and profitable." -- Alice Ball, President, Girls Incorporated/blockquote

## **Loaded**

Parents work and wish for their kids to grow into financially healthy young adults. They want them to have the savvy and sense of independence necessary to wisely handle the money they may earn, invest, and inherit. This book helps parents provide their children with the strong financial foundation they need. Topics include: Specific techniques for helping kids differentiate between needs and wants Ways to maximize the positive effects of allowance, chores, and money management Steps to help parents guide their children to make responsible choices, handle debt, and live within their means Techniques that will help parents teach their kids to be practical and responsible with money and to prepare for unforeseen financial crises

## **Raising Financially Fit Kids, Revised**

## **The Financially Intelligent Parent**

As intriguing as it is relatable, Paige Roberts' compulsively readable novel delves into the secrets and ties that lie between

friends—and neighbors. When Amy Kravitz opts to leave Washington, D.C., behind in favor of a less stressful life in the Philadelphia suburbs, she has a certain kind of house in mind. And on a charming street in a family-friendly neighborhood, she and her husband Rob find it. It's a perfect brick colonial with plenty of space, a beautiful yard, and great schools nearby. The sellers, Julian and Grace Durant, are eager to make a deal. In an unexpected bonus, the Durants' young son, Ethan, strikes up a friendship with Amy and Rob's introverted four-year-old, Noah. Soon, Amy is unpacking boxes in her new home and arranging playdates for Noah and Ethan. But as weeks go by, Amy suspects something isn't quite right. Julian's mail keeps arriving at their old address, and Amy can hardly miss the "Final Notice" stamped on the envelopes in big, red letters. Behind the laid-back veneer projected by the Durants, Amy senses lives reeling out of control. But how much does Grace know, how much is she choosing to ignore—and is there more at stake in Amy speaking up or in staying silent? Praise for Virtually Perfect "Newcomer Paige Roberts serves up a fresh take on reinvention and acceptance. Light and satisfying, Virtually Perfect is the perfect weekend read!" —Amy Sue Nathan, author of *Left to Chance* "Entertaining and incisive . . . Readers are treated to ample helpings of snappy dialogue and vivid characters." —Publishers Weekly "Roberts's spot-on debut novel delves into the virtually perfect façade of an internally imperfect family. The author also eloquently splashes in a dash of humor." —Library Journal

## **Talk to Me Like I'm Someone You Love**

A parent's guide to raising financially responsible children in an age of unprecedented wealth It is natural as parents that we want to give our children the best of everything. And in an age of unprecedented wealth and easy credit, upper- and middle-income parents can indulge that urge like never before. Yet, you have become alarmed over the impact this newfound affluence may be having on your children. You fear that through your generosity you are training your children to be greedy, selfish spendthrifts. The first parenting guide to focus exclusively on this increasingly sensitive topic, *Silver Spoon Kids* was coauthored by a psychotherapist who counsels people with money-related emotional problems and a lawyer specializing in estate planning. Drawing upon their experiences as members of the renowned NYU Family Wealth Institute, they tell you how to talk to kids about money, how to teach them to handle it responsibly, and how to instill in your kids a sense of giving to their communities.

## **The to Z Guide to Raising Happy, Confident Kids**

This is—for the first time—the full and unedited story behind the sick life and mysterious death of Jeffrey Epstein that is being called one of the most significant scandals in American history He was the billionaire financier and close confidant of presidents, prime ministers, movie stars and British royalty, the mysterious self-made man who rose from blue-collar Brooklyn to the heights of luxury. But while he was flying around the world on his private jet and hosting lavish parties at

his private island in the Caribbean, he also was secretly masterminding an international child sex ring—one that may have involved the richest and most influential men in the world. The conspiracy of corruption was an open secret for decades. And then this summer, it all came crashing down. After his arrest on sex trafficking charges in July, it seemed Epstein's darkest secrets would finally see the light. But hopes for true justice were shattered on August 10 this year, when he was found dead in his cell at the Metropolitan Correctional Center, New York. The verdict: suicide. The timing: convenient, to say the least. Now, *Epstein: Dead Men Tell No Tales* delivers bombshell new revelations, uncovers how the man President Trump once described as a “terrific guy” abused hundreds of underage girls at his mansions in Palm Beach and Manhattan... all while entertaining the world's most powerful men—including President Clinton, Prince Andrew, and Donald Trump himself. How much did they know about his perversions? And did they take part? How might they have helped him to continue his abuse, and to escape justice for it? What responsibility might they have for his sudden, shocking death? And is there a shocking spy and blackmail story at the heart of the scandal? The answers to these questions and more will be explored in *Epstein: Dead Men Tell No Tales* with groundbreaking new reporting, never-before-seen court files, and interviews with new witnesses and confidants. Combining the very best investigative reporting from investigative journalists Dylan Howard, Melissa Cronin and James Robertson—who have been covering the case for close to a decade—will send shockwaves through the highest levels of the establishment.

### **The Help**

It's natural to want your kids to have a secure future. But when it comes to teaching the next generation how to handle money, parents are failing. Still there is hope! Financial expert Mary Hunt shows parents how to raise kids who have a healthy relationship with money--even if the parents themselves have made financial mistakes along the way or are struggling financially right now. Drawing from solid statistics and her own hard-won knowledge and experience, Hunt helps parents protect their children from the financial pitfalls of easy credit, an attitude of entitlement, and our culture's chummy relationship with debt. From preschool through the teen years, every stage of a child's development is covered, including how to talk to them about money, how to help them start saving money and giving it away, and how to manage money wisely.

### **The Bogleheads' Guide to Investing**

As an experienced therapist, a parenting expert on television and radio, an award-winning columnist, and a parent, Dr. Jenn Berman provides insightful and informative advice to parents as they guide their children through early childhood. The *A to Z Guide to Raising Happy, Confident Kids* addresses twenty-six of the most important issues that modern parents face. Each self-contained and easy-to-read chapter covers a different topic, allowing busy parents to quickly find and read what they

need. You'll turn to this great resource again and again as your children grow.

## **Silver Spoon Kids**

The #1 New York Times bestselling novel and basis for the Academy Award-winning film—a timeless and universal story about the lines we abide by, and the ones we don't—nominated as one of America's best-loved novels by PBS's The Great American Read. Aibileen is a black maid in 1962 Jackson, Mississippi, who's always taken orders quietly, but lately she's unable to hold her bitterness back. Her friend Minny has never held her tongue but now must somehow keep secrets about her employer that leave her speechless. White socialite Skeeter just graduated college. She's full of ambition, but without a husband, she's considered a failure. Together, these seemingly different women join together to write a tell-all book about work as a black maid in the South, that could forever alter their destinies and the life of a small town

## **Lucky Me**

How can we make sense of acts of cruelty towards animals?

## **Just Mercy**

## **Breaking Free**

A Must-Read for Any Investor Looking to Maximize Their Chances of Success Big Mistakes: The Best Investors and Their Worst Investments explores the ways in which the biggest names have failed, and reveals the lessons learned that shaped more successful strategies going forward. Investing can be a rollercoaster of highs and lows, and the investors detailed here show just how low it can go; stories from Warren Buffet, Bill Ackman, Chris Sacca, Jack Bogle, Mark Twain, John Maynard Keynes, and many more illustrate the simple but overlooked concept that investing is really hard, whether you're managing a few thousand dollars or a few billion, failures and losses are part of the game. Much more than just anecdotal diversion, these stories set the basis for the book's critical focus: learning from mistakes. These investors all recovered from their missteps, and moved forward armed with a wealth of knowledge than can only come from experience. Lessons learned through failure carry a weight that no textbook can convey, and in the case of these legendary investors, informed a set of skills and strategy that propelled them to the top. Research-heavy and grounded in realism, this book is a must-read for any investor looking to maximize their chances of success. Learn the most common ways even successful investors fail Learn from the mistakes of the greats to avoid losing ground Anticipate challenges and obstacles, and develop an advance plan

Exercise caution when warranted, and only take the smart risks While learning from your mistakes is always a valuable experience, learning from the mistakes of others gives you the benefit of wisdom without the consequences of experience. Big Mistakes: The Best Investors and Their Worst Investments provides an incomparable, invaluable resource for investors of all stripes.

## **The Seven Pearls of Financial Wisdom**

This combination parenting and personal finance book helps parents teach their children key money skills--such as saving, spending, budgeting, investing, building credit, and donating--that they'll need to become financially secure adults. In this updated edition of Raising Financially Fit Kids, Joline Godfrey shares knowledge gleaned from two decades of preparing children and families for financial independence and stewardship, philanthropic effectiveness, and meaningful economic lives. At the heart of the book are three big ideas: • Financial education is not just about the money; it's about building great families and raising self-confident kids who have the tools to realize their dreams. • Financial sustainability means living within one's means and acquiring skills to create and manage human and financial capital. • Giving wisely is a global citizen's responsibility. Designed for parents, grandparents, mentors, advisors, and educators, Raising Financially Fit Kids uses ten core money skills applied across five developmental life stages: children, tweens, middle schoolers, high schoolers, and twenty-somethings. Each stage includes age-appropriate activities that make financial fitness fun, from mall scavenger hunts to financial film festivals. In this global economic landscape, we all need financial fluency. Whether your child is five, fifteen, or twenty-five years old, it's never too late to teach financial literacy. Raising Financially Fit Kids prepares your children for the complexities of living in a global economy and helps your family up your game from good to great.

## **From Neurons to Neighborhoods**

Kipp Herreid learned other ways to teach- much better ways. His favorite approach puts science in vivid context through case studies, which he calls "stories with an educational message." This compilation of 40-plus essays examines every aspect of the case study method.--[back cover].

## **Suddenly Single**

"The most crucial relationship advice book since Men Are from Mars."—Erin Meanley, Glamour.com A groundbreaking, interactive relationship tool that literally places in the hands of couples the power to transform chronically frustrating relationship dynamics. We've all been there. A conversation with a loved one escalates into conflict. Voices rise to a fever pitch and angry, accusative words fly through the air. At times like these, it seems impossible to find the magic words that

will lead to healing. Enter *Talk to Me Like I'm Someone You Love*. A psychotherapist with decades of experience in counseling couples, Nancy Dreyfus hit upon the revolutionary practice outlined in this book during a couples-therapy session in which a wife's unrelenting criticism of her husband was causing him to become emotionally withdrawn. In the midst of this, Dreyfus found herself scribbling on a scrap of paper, "Talk to me like I'm someone you love," and gestured to the husband that he should hold it up. He did and within seconds the familiar power differential between the two shifted, and a gentler, more genuine connection emerged. Dreyfus was startled, then intrigued, and then motivated to create a tool that could help others. This book features more than one hundred of Dreyfus's "flash cards for real life," written statements that express what we wish we could communicate to the person we love, but either can't find the right words or the right tone in which to say it. The statements include: • Taking responsibility: "I realize I'm overreacting. Can you give me a minute to get sane again?" • Apologizing: "I know I've really hurt you. What can I do to help you trust me again?" • Loving: "You are precious, and I get that I haven't been treating you like you are." A one-of-a-kind, practical relationship tool, *Talk to Me Like I'm Someone You Love* will help couples to stop arguing and begin healing.

### **Kids and Money**

What if there were a way to cut through all the financial mumbo-jumbo? Wouldn't it be great if someone could really explain to us-in plain and simple English-the basics we must know about investing in order to insure our financial freedom? At last, here's good news. Jargon-free and written for all investors-experienced, beginner, and everyone in between-*THE INVESTMENT ANSWER* distills the process into just five decisions-five straightforward choices that can lead to safe and sound ways to manage your money. When Wall Street veteran Gordon Murray told his good friend and financial advisor, Dan Goldie, that he had only six months to live, Dan responded, "Do you want to write that book you've always wanted to do?" The result is this eminently valuable primer which can be read and understood in one sitting, and has advice that benefits you, not Wall Street and the rest of the traditional financial services industry. *THE INVESTMENT ANSWER* asks readers to make five basic but key decisions to stack the investment odds in their favor. The advice is simple, easy-to-follow, and effective, and can lead to a more profitable portfolio for every investor. Specifically: \* Should I invest on my own or seek help from an investment professional? \* How should I allocate my investments among stocks, bonds, and cash? \* Which specific asset classes within these broad categories should I include in my portfolio? \* Should I take an actively managed approach to investing, or follow a passive alternative? \* When should I sell assets and when should I buy more? In a world of fast-talking traders who believe that they can game the system and a market characterized by instability, this extraordinary and timely book offers guidance every investor should have.

### **Family Legacy and Leadership**

Hamilton and Daniell have creatively taught us how to weave together the threads of lineage that create family legacy. They have also clarified the vision of what family leaders look like who are the master weavers of such threads. This all leads toward teaching us how to create and guide our families, and those we serve, to seven and more generations of successful, generative and flourishing lives as individuals and as family. We owe their work a deep debt of gratitude and a bow of appreciation. James (Jay) E. Hughes, Jr. Author, *Family: The Compact Among Generations* Mark Daniell and Sara Hamilton have written a book that will become a real reference for families wishing to establish long-term strategy for building an enduring legacy for generations. It contains a wealth of ideas, strategy prescriptions, case histories, and anecdotes that will give the family leader and members of the "tribe" a true guide to building a system that will endure the test of time. I recommend it to families in Asia and beyond. Dr. Victor K. Fung Chairman, Li & Fung Group This is a superb book—unique and full of examples—on the vision of legacy and the role of family leadership. It is also a comprehensive guide to risk management with a special spirit for wise risk-taking. Daniell and Hamilton draw on the unique experience of the Family Office Exchange and its many hundreds of members and scores of studies to define the role of family leadership more fully and inspiringly than ever. This book makes the challenges vivid and the path clear for successful families to preserve both their wealth and their purpose. John L. Ward Principal, The Family Business Consulting Group *Family Legacy and Leadership* is an innovative, useful blend of theory and practice; and of the hard and soft issues that families face. It offers ideas, insights, and tools that will help families of all types find their path through change. Melissa A. Berman President & CEO, Rockefeller Philanthropy Advisors

### **How to Make Your Money Last**

### **No More Frogs to Kiss**

#1 NEW YORK TIMES BESTSELLER • NOW A MAJOR MOTION PICTURE STARRING MICHAEL B. JORDAN AND JAMIE FOXX • A powerful true story about the potential for mercy to redeem us, and a clarion call to fix our broken system of justice—from one of the most brilliant and influential lawyers of our time. “[Bryan Stevenson’s] dedication to fighting for justice and equality has inspired me and many others and made a lasting impact on our country.”—John Legend NAMED ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE BY CNN • Named One of the Best Books of the Year by The New York Times • The Washington Post • The Boston Globe • The Seattle Times • Esquire • Time Bryan Stevenson was a young lawyer when he founded the Equal Justice Initiative, a legal practice dedicated to defending those most desperate and in need: the poor, the wrongly condemned, and women and children trapped in the farthest reaches of our criminal justice system. One of his first cases was that of Walter McMillian, a young man who was sentenced to die for a notorious murder he insisted he didn’t commit. The case drew Bryan into a tangle of conspiracy, political machination, and legal brinkmanship—and transformed

his understanding of mercy and justice forever. Just Mercy is at once an unforgettable account of an idealistic, gifted young lawyer's coming of age, a moving window into the lives of those he has defended, and an inspiring argument for compassion in the pursuit of true justice. Winner of the Carnegie Medal for Excellence in Nonfiction • Winner of the NAACP Image Award for Nonfiction • Winner of a Books for a Better Life Award • Finalist for the Los Angeles Times Book Prize • Finalist for the Kirkus Reviews Prize • An American Library Association Notable Book "Every bit as moving as To Kill a Mockingbird, and in some ways more so . . . a searing indictment of American criminal justice and a stirring testament to the salvation that fighting for the vulnerable sometimes yields."—David Cole, The New York Review of Books "Searing, moving . . . Bryan Stevenson may, indeed, be America's Mandela."—Nicholas Kristof, The New York Times "You don't have to read too long to start cheering for this man. . . . The message of this book . . . is that evil can be overcome, a difference can be made. Just Mercy will make you upset and it will make you hopeful."—Ted Conover, The New York Times Book Review "Inspiring . . . a work of style, substance and clarity . . . Stevenson is not only a great lawyer, he's also a gifted writer and storyteller."—The Washington Post "As deeply moving, poignant and powerful a book as has been, and maybe ever can be, written about the death penalty."—The Financial Times "Brilliant."—The Philadelphia Inquirer

## **Lead Like Jesus Revisited**

"With How to Make Your Money Last, you will learn how to turn your retirement savings into a steady paycheck that will last for life. Today, people worry that they're going to run out of money in their older age. That won't happen if you use a few tricks for squeezing higher payments from your assets--from your Social Security account (find the hidden values there), pension (monthly income or lump sum?), home equity (sell and invest the proceeds or take a reverse mortgage?), savings (should you buy a lifetime annuity?), and retirement accounts (how to invest and--critically--how much to withdraw from your savings each year?). The right moves will not only raise the amount you have to spend, they'll stretch out your money over many more years. You will also learn to look at your savings and investments in a new way. If you stick with super-safe choices the money might not last. You need safe money to help pay the bills in your early retirement years. But to ensure that you'll still have spending money 10 and 20 years from now, you have to invest for growth, today. Quinn shows you how. At a time when people are living longer, yet retiring with a smaller pot of savings than they'd hoped for, this book will become the essential guide"--

## **Raising Boys to Be Good Men**

"The more I read the Bible, the more evident it becomes that everything I have ever taught or written about effective leadership over the past 25 years, Jesus did to perfection. He is simply the greatest leadership role model of all time." -Ken Blanchard Effective leadership—whether on the job, in the community, at church or in the home—starts on the inside.

Before you can hope to lead anyone else, you have to know who you are. Every leader must answer two critical questions: Whose are you going to be? Who are you going to be? One deals with your relationship to Christ. The other with your life purpose. In this newly revised classic, renowned leadership expert Ken Blanchard along guides readers through the process of discovering how to lead like Jesus. It really could be described as the process of aligning two internal domains—the heart and the head; and two external domains—the hands and the habits. These four dimensions of leadership form the outline for this very practical and transformational book. With simple yet profound principles from the life of Jesus, and dozens of stories and leadership examples from his own life, Ken Blanchard will once again show us the way effective leaders lead.

### **The Dilemmas of Family Wealth**

The story of a dog, his human, and the friendship that saved both of their lives. When Ben Moon moved from the Midwest to Oregon, he hadn't planned on getting a dog. But when he first met the soulful gaze of a rescue pup in a shelter, Ben instantly felt a connection, and his friendship with Denali was born. The two of them set out on the road together, on an adventure that would take them across the American west and through some of the best years of their lives. But when Ben was diagnosed with colorectal cancer at age 29, he faced a difficult battle with the disease, and Denali never once left his side until they were back out surfing and climbing crags. It was only a short time later that Denali was struck by the same disease, and Ben had the chance to return the favor. Denali is the story of this powerful friendship that shaped Ben and Denali's lives, showing the strength and love that we give and receive when we have our friends by our side.

### **Raising Financially Confident Kids**

Praise for LOADED "LOADED is that rare resource which somehow captures both theoretical and practical wisdom about money, personality, and life. Your views - and actions - with money will be much improved after reading the wonderful advice in LOADED." —James Grubman, PhD, author of Strangers in Paradise: How Families Adapt to Wealth Across Generations and co-author of Cross Cultures: How Global Families Negotiate Change Across Generations YOUR MOST VALUABLE ASSET IS YOU. LOADED WILL TEACH YOU HOW TO MAKE THE MOST OF IT. Based on decades of research and years of hands-on experience with people from all walks of life, LOADED is a must-read for anyone who finds themselves caught between the desire to thrive financially and the complex emotions and conflicting priorities that money so often brings to our lives. Inside, you will learn to: Check your stories. Pinpoint and change beliefs that hold you back. Choose your strategies. Learn how to align your money with your needs. Cultivate your value. Put your unique resources to use and earn more. Deeply researched, yet written in an approachable, conversational tone, LOADED offers insight into how your personal experiences have shaped your financial attitudes, and how you can build a healthier relationship with money.

## **The Investment Answer**

Revealing how today's women control more than half of the wealth and hold more jobs in America, a guide for women on how to build and safeguard personal finances outlines strategic steps for handling the challenges of various life stages, sharing additional recommendations for enjoying financial accomplishments.

## **Strangers at the Feast**

"A vital, seminal breakthrough work Kinder penetrates money's enigmas and mythologies with the artist's delicate touch, the critic's discriminating eye . . . and the insightful sensitivity of a good human being. This book is a gift." --Richard Wagner, former chairman, Institute of Certified Financial Planners

Replace anxiety, self-sabotage, and self-doubt around money with the sense of ease and freedom you deserve in *The Seven Stages of Money Maturity*, a one-of-a-kind guide in the life-changing tradition of *The 9 Steps to Financial Freedom and Your Money or Your Life*. A renowned Buddhist teacher as well as a Harvard-trained, nationally prominent certified financial planner, George Kinder draws on both disciplines to guide us toward a full understanding of the spiritual and psychological issues that surround money. Although many of us may assume that issues of money and spirit are separate, incompatible questions, George Kinder shows us that we must explore them together to attain true peace, freedom, and security in our money lives. Tracing the same path to transformation on which he has led his clients and lectured audiences for years, Kinder leads us through the Seven Steps of a journey to the profound liberation of awakening to a world of abundance and possibility. Revealing practical, market-tested wealth-building skills as well as the wisdom that contributes to understanding and enriching the role money plays across our lives from the surface to the soul, Kinder teaches us how to:

- Understand feelings that impact taking financial action
- Develop understanding and knowledge about money
- Eliminate stress and anxiety around money
- Let go of old patterns and painful habits
- Approach money tasks with energy and optimism
- Design a money life that is fulfilling both financially and spiritually

A powerful new way to look at your money and at your life, *The Seven Stages of Money Maturity* will help us experience each encounter with money as a step toward awakening and a powerful lesson in understanding the relationships we share with others and with ourselves.

## **Casebook on Human Dignity and Human Rights**

This combination parenting and personal finance book helps parents teach their children key money skills--such as saving, spending, budgeting, investing, building credit, and donating--that they'll need to become financially secure adults. Parents want their children to enjoy bright economic futures. But how do we equip the next generation with lifelong financial skills? In this updated edition of *Raising Financially Fit Kids*, Joline Godfrey shares knowledge gleaned from two decades of

preparing children and families for financial independence and stewardship, philanthropic effectiveness, and meaningful economic lives. At the heart of the book are three big ideas: • Financial education is not just about the money; it's about building great families and raising self-confident kids who have the tools to realize their dreams. • Financial sustainability means living within one's means and acquiring skills to create and manage human and financial capital. • Giving wisely is a global citizen's responsibility. Designed for parents, grandparents, mentors, advisors, and educators, Raising Financially Fit Kids uses ten core money skills applied across five developmental life stages: children, tweens, middle schoolers, high schoolers, and twenty-somethings. Each stage includes age-appropriate activities that make financial fitness fun, from mall scavenger hunts to financial film festivals. In this global economic landscape, we all need financial fluency. Whether your child is five, fifteen, or twenty-five years old, it's never too late to teach financial literacy. Raising Financially Fit Kids prepares your children for the complexities of living in a global economy and helps your family up your game from good to great.

### **Rich Bitch**

Leaving children with a substantial amount of money can be a boon or a burden. High-net-worth parents need to give their children an education to navigate today's complex world. The question becomes how to raise children with a sense of reality and balance, imparting a strong work ethic, and making them good stewards of their wealth. Kids, Wealth, and Consequences enlightens high-net-worth parents about the unique issues they need to explore. The book addresses the "hard" financial issues, such as investing and estate planning, as well as the "soft" emotional issues relating to values, family, and communication. Morris and Pearl detail strategies and techniques to help parents raise children who appreciate and know how to manage the wealth they inherit. Richard Morris spent many years working for his family's multimillion dollar business, and learned firsthand the challenges of business ownership and family wealth. Jayne Pearl is an experienced journalist who writes about families, family businesses, and money.

### **First Job First Paycheck**

Shares the experiences of women entrepreneurs, describes the special qualities women bring to business leadership, and describes ways in which they are opening business up to new management approaches

### **The Opposite of Spoiled**

The essential guide to raising financially responsible children. What parents say and do about money has a profound influence on children. Here are the eight behaviors of financially intelligent parents that will help families of all economic

backgrounds raise fiscally responsible children.

## Epstein

"If you are the parent of a boy . . . this is the book you need . . . insightful, enlightened, practical." —Peggy Orenstein, New York Times bestselling author of *Boys & Sex* From the dad who created the viral tweet supporting his son wearing nail polish, this essential parenting guide shares 36 parenting tips for battling gender norms, bringing down "man up" culture, and helping sons realize their potential. Our boys are in a crisis. Toxic masculinity and tough guy-ism are on display daily from our leaders, and we see anger, dysfunction, violence, and depression in young men who are suffocated by harmful social codes. Our young sons are told to stop throwing like a girl. They hear phrases like "man up" when they cry. They are told "boys will be boys" when they behave badly. The "Girl Power" movement has encouraged women to be whoever and do whatever they want, but that sentiment is not often extended to boys. Just watch the bullying when boys try ballet, paint their fingernails, or play with a doll. But we can treat this problem—and the power lies in the hands of parents. It's not only possible to raise boys who aren't emotionally stifled and shoved into stereotypical gender boxes; it's vital if we want a generation of men who can express their emotions, respect women, and help nurse society back to a halfway healthy place. We can reframe manhood. From Aaron Gouveia, who gained viral fame after tweeting his support for his son's painted fingernails (and who knows toxic masculinity very well), learn practical and actionable tips such as: Don't accept different standards for moms and dads Teach boys that "girl" is not an insult and retire phrases like "boys will be boys" Show boys that expressing their emotions and being physical is a good thing Let boys pursue nontraditional interests and hobbies Talk to boys about consent and privilege Model healthy and respectful relationships for boys to emulate Penned with equal parts humor, biting snark, and lived advice, *Raising Boys to Be Good Men* is the essential parenting guide for raising sons to realize their potential outside the box.

## Our Wildest Dreams

Few families are able to pass along their wealth successfully to the next generation. The barriers to keeping money in the family are much more formidable than the barriers to making money in the first place. Why should this be? What pitfalls are most common? How can families and their advisers increase the odds of a successful intergenerational transfer of wealth? How can they preserve the family's human and intellectual capital? Judy Martel, CFP®, provides insightful answers to these questions and dozens more in this richly detailed book. *The Dilemmas of Family Wealth* takes a fresh look at the communications barriers, misunderstandings, and generational conflicts that can pull families apart and scatter their wealth in far less time than it took to build it. Martel identifies the dilemmas that families are likely to face and offers wise counsel for overcoming the challenges they pose. Her book includes advice and perspectives from top experts in the field and frank

first-person experiences related by family members with whom they have worked.

## **The Last House on Sycamore Street**

A Yale professor and author of *A Jane Austen Education* evaluates the consequences of high-pressure educational and parenting approaches that challenge the mind's ability to think critically and creatively, calling for strategic changes that can offer college students a self-directed sense of purpose.

## **Just a Dog**

Talking about money sucks; but so does being broke. Do your eyes glaze over just thinking about the mumbo-jumbo of finance? Do you break out into hives at the thought of money? Well, sister, you are not alone. In *RICH BITCH*, money expert and financial journalist Nicole Lapin lays out a 12-Step Plan in which she shares her experiences, mistakes and all, of getting her own finances in order. No lecturing, just help from a friend. And even though money is typically an off-limits conversation, nothing is off-limits here. Lapin rethinks every piece of financial wisdom you've ever heard and puts her own fresh, modern, sassy spin on it. Sure, there are some hard-and-fast rules about finance, but when it comes to your money, the only person who can spend it is you. Should you invest in a 401(k)? Maybe not. Should you splurge on that morning latte? Likely yes. Instead of nickel-and-diming yourself, Nicole's advice focuses on investing in yourself so you don't have to stress over the little things. But in order to do that, you have to be able to speak the language of money. After all, money is a language like anything else, and the sooner you can join the conversation, the sooner you can live the life you want, *RICH BITCH* rehabs whatever bad habits you might have and provides a plan you can not only sustain, but thrive with. It's time to go after the rich life you deserve, and confident enough to call yourself a *RICH BITCH*.

## **Denali**

In the spirit of Wendy Mogel's *The Blessing of a Skinned Knee* and Po Bronson and Ashley Merryman's *Nurture Shock*, New York Times "Your Money" columnist Ron Lieber delivers a taboo-shattering manifesto that explains how talking openly to children about money can help parents raise modest, patient, grounded young adults who are financially wise beyond their years. For Ron Lieber, a personal finance columnist and father, good parenting means talking about money with our kids. Children are hyper-aware of money, and they have scores of questions about its nuances. But when parents shy away from the topic, they lose a tremendous opportunity—not just to model the basic financial behaviors that are increasingly important for young adults but also to imprint lessons about what the family truly values. Written in a warm, accessible voice, grounded in real-world experience and stories from families with a range of incomes, *The Opposite of Spoiled* is both

a practical guidebook and a values-based philosophy. The foundation of the book is a detailed blueprint for the best ways to handle the basics: the tooth fairy, allowance, chores, charity, saving, birthdays, holidays, cell phones, checking accounts, clothing, cars, part-time jobs, and college tuition. It identifies a set of traits and virtues that embody the opposite of spoiled, and shares how to embrace the topic of money to help parents raise kids who are more generous and less materialistic. But The Opposite of Spoiled is also a promise to our kids that we will make them better with money than we are. It is for all of the parents who know that honest conversations about money with their curious children can help them become more patient and prudent, but who don't know how and when to start.

### **Excellent Sheep**

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