

Read Free Polyamory In The 21st Century Love And Intimacy With Multiple Partners Deborah Anapol

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Understanding Non-MonogamiesThe New MonogamyLabyrinthsThe Art and Etiquette of PolyamorySex, Love, and Marriage in the 21st CenturyWhat Love IsLove SenseThe Smart Girl's Guide to PolyamoryWide OpenLoveGame ChangerThe Ultimate Guide to Sex and DisabilityOpening LoveMany LoveThe Polyamorists Next DoorOpening UpIs Monogamy Dead?Jesus for PresidentCritical Perspectives on 21st Century Friendship, Polyamory, Polgamy and Platonic AffinityFuture SexPolyamory in the 21st CenturyLove's RefractionPolyamoryWhen Someone You Love Is PolyamorousDesigner RelationshipsWomen Who Love SexRedefining Our RelationshipsThe Ethical SlutMore Than TwoSwinging in AmericaHow We Live NowExciting TimesThe Seven Natural Laws of LoveRoutledge Handbook of Critical Indigenous StudiesUndoing MonogamyCritical Perspectives on 21st Century FriendshipNot Your PenancePolyamory and JealousyWhen Someone You Love Is KinkyNext Year, for Sure

Understanding Non-Monogamies

Don't let the title fool you. this IS a serious, thoughtful (and thought-provoking)

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comprehensive introduction to, and examination of, a much misunderstood and misused practice. But more than that, it is a witty, provocative, damn fine read, with as much to offer to the faithfully monogamous as to those looking for a bit more out of life, love and relationships. Go on. Dive in. "Wendy-O tackles a touchy subject with clarity and creativity. She is wise beyond her years. This guide teaches you how you can have it all. I gave the jealousy tips to my lover immediately." [Annie Sprinkle]

The New Monogamy

"How do you deal with jealousy?" It's the first question many people ask when they hear about polyamory. Tools for dealing with jealous feelings are among the most basic resources in a well-equipped polyamory toolkit. Eve Rickert and Franklin Veaux, authors of the popular polyamory book *More Than Two: A Practical Guide to Ethical Polyamory*, present *Polyamory and Jealousy*, part of the *More Than Two Essentials* series. The essentials take sections from *More Than Two*, expand on them, and present them in a practical, easy-to-use format that can be read in a single sitting. In this booklet, you will find pragmatic ways to handle feelings of jealousy when they arise. You'll learn tools for identifying jealousy, strategies for decoding what it means, and hands-on advice for dealing with it before it undermines your relationship. If jealousy is a problem for you or someone you love, this companion to *More Than Two* offers a path through the wilderness.

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Labyrinths

The classic guide to love, sex, and intimacy beyond the limits of conventional monogamy has been fully updated to reflect today's modern attitudes and the latest information on nontraditional relationships. For 20 years *The Ethical Slut* has dispelled myths and showed curious readers how to maintain a successful polyamorous lifestyle through open communication, emotional honesty, and safer sex practices. The third edition of this timeless guide to communication and sex has been revised to include interviews with poly millennials (young people who have grown up without the prejudices their elders encountered regarding gender, orientation, sexuality, and relationships), tributes to poly pioneers, and new sidebars on topics such as asexuality, sex workers, and ways polys can connect and thrive. The authors also include new content addressing nontraditional relationships beyond the polyamorous paradigm of "more than two": couples who don't live together, couples who don't have sex with each other, nonparallel arrangements, couples with widely divergent sex styles, power disparities, and cross-orientation relationships, while utilizing nonbinary gender language and new terms that have come into common usage since the last edition.

The Art and Etiquette of Polyamory

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"After nine years together, Kathryn and Chris have the sort of relationship most would envy. They speak in the shorthand they have invented, complete one another's sentences, and help each other through every daily and existential dilemma. When Chris tells Kathryn about his feelings for Emily, a vivacious young woman he sees often at the Laundromat, Kathryn encourages her boyfriend to pursue this other woman--certain that her bond with Chris is strong enough to weather a little side dalliance. As Kathryn and Chris stumble into polyamory, [this book] tracks the tumultuous, revelatory, and often very funny year that follows"--

Sex, Love, and Marriage in the 21st Century

Jesus for President is a radical manifesto to awaken the Christian political imagination, reminding us that our ultimate hope lies not in partisan political options but in Jesus and the incarnation of the peculiar politic of the church as a people "set apart" from this world. In what can be termed lyrical theology, Jesus for President poetically weaves together words and images to sing (rather than dictate) its message. It is a collaboration of Shane Claiborne's writing and stories, Chris Haw's reflections and research, and Chico Fajardo-Heflin's art and design. Drawing upon the work of biblical theologians, the lessons of church history, and the examples of modern-day saints and ordinary radicals, Jesus for President stirs the imagination of what the Church could look like if it placed its faith in Jesus instead of Caesar. A fresh look at Christianity and empire, Jesus for President

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transcends questions of "Should I vote or not?" and "Which candidate?" by thinking creatively about the fundamental issues of faith and allegiance. It's written for those who seek to follow Jesus, rediscover the spirit of the early church, and incarnate the kingdom of God.

What Love Is

The Ultimate Guide to Sex and Disability is the first complete sex guide for people who live with disabilities, pain, illness, or chronic conditions. Useful for absolutely everyone, regardless of age, gender, or sexual orientation, the book addresses a wide range of disabilities — from chronic fatigue, back pain, and asthma to spinal cord injury, hearing and visual impairment, multiple sclerosis, and more. Expertly written by a medical doctor, a sex educator, and a disability activist, The Ultimate Guide provides readers with encouragement, support, and all the information they need to create a sex life that works for them. The authors cover all aspects of sex and disability, including building a positive sexual self-image; positions to minimize stress and maximize pleasure; dealing with fatigue or pain during sex; finding partners and talking with partners about sex and disability; adapting sex toys; and more.

Love Sense

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One quiet October morning, in a suburban neighbourhood of Cincinnati, Ohio, after awakening from a recurring nightmare, 41-year-old stay-at-home mom and social media aficionado Enid Kimble receives two messages—one a disquieting phone call about her mother, and the other a newspaper clipping in a plain envelope in her mailbox—that start to unravel her carefully woven-together world. These two startling messages force Enid to grapple with her past and future in new ways. In a story that weaves together crime, legal drama, romance, adolescence, and motherhood, Enid Kimble struggles to come to terms with her past and makes life-altering decisions about her future. This tense, layered novel debut by lawyer and legal scholar Rebecca Jaremko Bromwich, with the gifted and troubled character of Enid at its centre, spins an intriguing story about motherhood, love, law, coming to terms with the complexities of our pasts, and claiming our futures. In doing so, the author offers invigorating and original engagements with law, mythology, feminism, and motherhood that will resonate with legal professionals, academics, and the general public alike. Poignant and funny, the story weaves together scrupulously accurate legal narrative and compelling personal drama.

The Smart Girl's Guide to Polyamory

Wonderful sex does more than melt both body and soul; it brings power, energy, and deep satisfaction to all aspects of our lives. In this unique book, women who consider themselves highly sexually responsive talk in intimate detail about what

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gives them the greatest pleasure. They redefine sex—based on how women really experience sexual pleasure—confirming what every woman knows instinctively, while creating a new language that every woman will understand. Based on extensive one-on-one interviews conducted by Dr. Ogden with hundreds of women, this thought-provoking, wise, and unprecedented book transforms how we view sex by giving us new ways to think about sexual pleasure. To learn more about the author, Gina Ogden, go to www.ginaogden.com.

Wide Open

Love, sex, and marriage are changing faster than ever before in human history. The current tidal wave of social changes will continue into the next century, and we will have to adapt our sexual values and relationships to these accelerating changes. These 22 honest, authentic stories tell of the unconventional paths pioneering church leaders and spiritually-aware women and men have taken in their quest to link their sexuality with their spiritual needs. Some might see in these unorthodox explorations only tales of promiscuous couplings. But these are not stories of wild thrill-seekers. These are tales told from the core of their being about their deeply felt need for genuine, responsible love and intimacy within a spiritual context. Their journeys do not promise paradise or instant happiness, as popular magazines do with recipes for lifelong marital bliss and fiery passion. These sojourners have much to teach us, even when we decide that this or that

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path is not for us. Their individual paths are not nearly as important as the simple message of God and Eros being inseparable that underlies journey. God and Eros can come together in many different relationships. And they must come together if we want to nourish and fulfill the divine spark at the core of our being. These women and men challenge our assumptions and our willingness to adapt to our radically changing world.

Love

In Love's Refraction, Jillian Deri explores the distinctive question of how and why polyamorists – people who practice consensual non-monogamy – manage jealousy. Her focus is on the polyamorist concept of “compersion” – taking pleasure in a lover's other romantic and sexual encounters.

Game Changer

This anthology takes an international and cross-cultural approach to discussions about friendship by curating a set of diverse contributions situated in a transnational context. These interdisciplinary contributions take friendship seriously as a subject of feminist and legal study and hone in specifically on polyamory, polygamy, and Platonic affinities, considering the sexual and non-

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sexual ties of affect and affinity that link a diverse range of contemporary friendships that exist cross-culturally. This highly original book teases out commonalities between experiences of affinity that are enmeshed with the differences between social, national, legal, and cultural frameworks that surround these relationships of affinity and affect, and troubles forms of government and legal regulation that prohibit or fail to recognize the consensual interdependence connecting diverse forms of human friendship.

The Ultimate Guide to Sex and Disability

Franklin and Celeste's open marriage seemed perfectly safe—until the day Amber entered his life and showed them why the heart does not obey rules.

Opening Love

In early 2013, comedian Rosie Wilby found herself at a crossroads with everything she'd ever believed about romantic relationships. When people asked, 'who's the love of your life?' there was no simple answer. Did they mean her former flatmate who she'd experienced the most ecstatic, heady, yet ultimately doomed, fling with? Or did they mean the deep, lasting companionate partnerships that gave her a sense of belonging and family? Surely, most human beings need both. Mixing

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humour, heartache and science, *Is Monogamy Dead?* details Rosie's very personal quest to find out why Western society is clinging to a concept that doesn't work that well for some of us and is laden with ambiguous assumptions.

Many Love

Many, many people have sexual interests or practices that are in some way unusual. These people may enjoy bondage or spanking, erotic role-playing, dressing in special clothes that turn them on, or a host of other activities that place them outside the sexual mainstream. Your mechanic might have an alternative sexuality, or your librarian, or your kids' teacher, or your boss. If someone you love has a sexual kink, or if you suspect that she may, and you want to know more about what that means to her and how you can deal with what it means to you, this book is for you. "When Someone You Love Is Kinky will do more for family values than anything the right wing ever dreamed up, because it lets people communicate and love and respect each other on the basis of who they really are. A wonderful contribution towards a more sex-positive culture." - Dr. Carol Queen, author, *Real Live Nude Girl* "Dossie Easton and Catherine A. Liszt, both wise and compassionate women, and both players in the world of kink, welcome the reader gently into that world and answer everything anyone might have wanted to ask but was really afraid to find out." - Isadora Alman, syndicated sex and relationship columnist

The Polyamorists Next Door

What is love? Aside from being the title of many a popular love song, this is one of life's perennial questions. In *What Love Is*, philosopher Carrie Jenkins offers a bold new theory on the nature of romantic love that reconciles its humanistic and scientific components. Love can be a social construct (the idea of a perfect fairy tale romance) and a physical manifestation (those anxiety-inducing heart palpitations); we must recognize its complexities and decide for ourselves how to love. Motivated by her own polyamorous relationships, she examines the ways in which our parameters of love have recently changed—to be more accepting of homosexual, interracial, and non-monogamous relationships—and how they will continue to evolve in the future. Full of anecdotal, cultural, and scientific reflections on love, *What Love Is* is essential reading for anyone seeking to understand what it means to say “I love you.” Whether young or old, gay or straight, male or female, polyamorous or monogamous, this book will help each of us decide for ourselves how we choose to love.

Opening Up

A close-up examination and exploration, *How We Live Now* challenges our old concepts of what it means to be a family and have a home, opening the door to the

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many diverse and thriving experiments of living in twenty-first century America. Across America and around the world, in cities and suburbs and small towns, people from all walks of life are redefining our “lifespaces”—the way we live and who we live with. The traditional nuclear family in their single-family home on a suburban lot has lost its place of prominence in contemporary life. Today, Americans have more choices than ever before in creating new ways to live and meet their personal needs and desires. Social scientist, researcher, and writer Bella DePaulo has traveled across America to interview people experimenting with the paradigm of how we live. In *How We Live Now*, she explores everything from multi-generational homes to cohousing communities where one’s “family” is made up of friends and neighbors to couples “living apart together” to single-living, and ultimately uncovers a pioneering landscape for living that throws the old blueprint out the window. Through personal interviews and stories, media accounts, and in-depth research, *How We Live Now* explores thriving lifespaces, and offers the reader choices that are freer, more diverse, and more attuned to our modern needs for the twenty-first century and beyond.

Is Monogamy Dead?

Having a friend or family member come out to you as polyamorous can be confusing and stressful. Chances are, you have a lot of questions: Is this just a phase? Won't they settle down someday? What's going to happen to their kids? Do

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I have to invite all their partners over for Thanksgiving dinner? Why can't they just keep it in the bedroom? When Someone You Love Is Polyamorous offers answers to these and more questions, to help you better understand and support your polyamorous loved ones.

Jesus for President

As we search for love in our lives, most of us often feel as though we're on a journey without a compass-or even worse, with a faulty map. We are programmed from our earliest childhood experiences with scores of assumptions about love. We're taught male and female roles, and ways of seeing ourselves, that may lead to separation, fear and mistrust. These many fallacies and misconceptions lead us to associate love with disappointment and pain. In *The Seven Natural Laws of Love*, Dr. Deborah Anapol gives us a warm, simple and universal guide to the principles that are common to all loving relationships. Drawing from the stories of the thousands of individuals and couples she has counseled in her workshops and private practice, from her own personal struggles and victories, and from sacred texts, Dr. Anapol distills love down to its basic essentials. Based on real-world observations, she identifies the seven laws that flow naturally from the true nature of love, and shows how we can apply these to our lives. Her warmth, humor, utter honesty,

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Critical Perspectives on 21st Century Friendship, Polyamory, Polgamy and Platonic Affinity

Drawing on an extensive survey of real people and over 40 years of research, this revealing volume proposes that a nonmonogamous lifestyle may be healthier for marriages than a monogamous one. * Includes data from a national survey, conducted by the authors, of 1100 swingers in the United States * Offers first-person accounts from people in the swinging lifestyle * Provides extensive bibliographies after each chapter documenting sources of information discussed in the text * Lists a comprehensive index of terms and topics

Future Sex

The bestselling author of *Hold Me Tight* presents a revolutionary new understanding of why and how we love, based on cutting-edge research. Every day, we hear of relationships failing and questions of whether humans are meant to be monogamous. *LOVE SENSE* presents new scientific evidence that tells us that humans are meant to mate for life. Dr. Johnson explains that romantic love is an attachment bond, just like that between mother and child, and shows us how to develop our "love sense"--our ability to develop long-lasting relationships. Love is not the least bit illogical or random, but actually an ordered and wise recipe for

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survival. LOVE SENSE covers the three stages of a relationship and how to best weather them; the intelligence of emotions and the logic of love; the physical and psychological benefits of secure love; and much more. Based on groundbreaking research, LOVE SENSE will change the way we think about love.

Polyamory in the 21st Century

Emily Witt is single and in her thirties. She has slept with most of her male friends. Most of her male friends have slept with most of her female friends. Sexual promiscuity is the norm. But up until a few years ago, she still envisioned her sexual experience achieving a sense of finality, 'like a monorail gliding to a stop at Epcot Center'. Like many people, she imagined herself disembarking, finding herself face-to-face with another human being, 'and there we would remain in our permanent station in life: the future'. But, as we all know, things are more complicated than that. Love is rare and frequently unreciprocated. Sexual acquisitiveness is risky and can be hurtful. And generalizing about what women want or don't want or should want or should do seems to lead nowhere. Don't our temperaments, our hang-ups, and our histories define our lives as much as our gender? In *Future Sex*, Witt captures the experiences of going to bars alone, online dating, and hooking up with strangers. After moving to San Francisco, she decides to say yes to everything and to find her own path. From public health clinics to cafe conversations about 'coregasms', she observes the subcultures she encounters

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with a wry sense of humour, capturing them in all their strangeness, ridiculousness, and beauty. The result is an open-minded, honest account of the contemporary pursuit of connection and pleasure, and an inspiring new model of female sexuality - open, forgiving, and unafraid.

Love's Refraction

This book introduces polyamorous families and explains how they come to be, manage the ins and outs of daily family life, and cope with the challenges they face both within their families and from society at large. Sheff investigates the polyamorous household and reveals its advantages, its disadvantages, and the lives of those living in them.

Polyamory

Unlike other books on this topic, *Polyamory in the 21st Century* weaves together research and facts to provide an informed and impartial analysis of polyamory as a lifestyle and as a movement, and to place it in a psychosocial as well as an historical context. Anecdotes and personal experiences allow the reader to develop a better understanding of polyamory and the people who practice and enjoy it. Anapol addresses the practical, the utopian, and the shadow sides of this

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intriguing, mysterious, yet often threatening lifestyle. It honestly addresses difficult issues such as the nature of commitment without exclusivity, balancing personal needs with loyalty to a partner, evaluating beliefs about love and relationship, the impact of polyamory on children, and the challenges that arise when one partner wants monogamy and another prefers polyamory. Without judgement, she explores this increasingly common practice, and reveals the true nature of a lifestyle that many do not understand.

When Someone You Love Is Polyamorous

Most social scientific work on intimate relationships has assumed a monogamous structure, or has considered anything other than monogamy only in the context of 'infidelity'. Yet, in recent years there has been a growing interest among researchers and the public in exploring various patterns of intimacy that involve open non-monogamy. This volume gathers contributions from academics, activists, and practitioners throughout the world to explore non-monogamous relationships. Featuring both empirical and theoretical pieces, contributors examine the history and cultural basis of various forms of non-monogamy, experiences of non-monogamous living, psychological understandings of relationship patterns, language and emotion, the discursive construction of mono-normativity as well as issues of race, class, disability, sexuality and gender. This volume will be of interest to academics and practitioners working in the social sciences and anyone who is

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seeking greater insight into the intricacies of non-monogamous relationships.

Designer Relationships

This anthology takes an international and cross-cultural approach to discussions about friendship by curating a set of diverse contributions situated in a transnational context. These interdisciplinary contributions take friendship seriously as a subject of feminist and legal study and hone in specifically on polyamory, polygamy, and Platonic affinities, considering the sexual and non-sexual ties of affect and affinity that link a diverse range of contemporary friendships that exist cross-culturally. This highly original book teases out commonalities between experiences of affinity that are enmeshed with the differences between social, national, legal, and cultural frameworks that surround these relationships of affinity and affect, and troubles forms of government and legal regulation that prohibit or fail to recognize the consensual interdependence connecting diverse forms of human friendship.

Women Who Love Sex

The idea of open relationships seduces more and more men and women who wish to foster a healthy partnership while maintaining multiple lovers. The Art and

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Etiquette of Polyamory helps couples who want to better understand, or to begin an exploration of, the emotional, sexual, and intellectual mores of polyamory. Françoise Simpère, an expert in the area of romantic relationships, discusses polyamory and what it involves and describes the practices that make it ethically and emotionally sustainable. This guide provides proposed rules and suggestions on how to keep the love and trust of your partner alive while successfully entertaining other lovers and enjoying the infinite possibilities open relationships have to offer. Couples and individuals interested in entering a polyamorous relationship will be able to use this book as a resource on the art and etiquette of poly-dating, covering a range of questions, including: Should we use a calendar? Can I ask my husband to babysit while I'm with a lover? How can I prioritize my time between two lovers? How can I stave off any jealousy? Through her years of correspondence with couples interested in open relationships and her own personal reflections and experiences, Simpère is convinced that polyamory opens up many possibilities for a gratifying and healthy sex life.

Redefining Our Relationships

Everyone has their own concept of what “monogamy” means—and most people assume their partners and spouses are on the same page. Couples may assume that they are monogamous, but never discuss exactly what the monogamy agreement means to them. What happens when this implicit agreement is broken?

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After infidelity, relationships can become strained as both partners lose trust and faith in each other. The New Monogamy offers a way out of these difficulties for couples struggling to stay together after infidelity. Couples make these implicit assumptions and agreements explicit so that each partner knows exactly what is expected of them in the future and what they can expect from their partner. Author Tammy Nelson helps couples regain trust, romance, and intimacy after infidelity by redefining the monogamy contract. The new monogamy contract is an explicit relationship agreement created after the affair that allows each partner to openly, honestly, and safely share their desires, expectations, and limitations. This agreement does not create an open marriage, but rather, an open conversation wherein each partner can have a say in setting the ground rules for their relationship. The book first helps couples rebuild trust after the affair, then engages in a series of Imago dialogues based on questions about what each partner really wants in the relationship, not what you think you should want or what a partner wants you to want. The New Monogamy includes questionnaires, checklists, and candid questions for partners to ask that help welcome complete honesty and trust back into the relationship. Then, the book helps couples make an erotic recovery from infidelity by addressing erotic problems that may surface and offers advice for helping couples return to desiring and trusting one another. After an affair, it's impossible to go back to the way the relationship was before, but this book offers the chance for a new beginning.

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The Ethical Slut

No one likes a know-it-all, but everyone loves a girl with brains and heart. The Smart Girl's Guide to Polyamory is an intelligent and comprehensive guide to polyamory, open relationships, and other forms of alternative love, offering relationship advice radically different from anything you'll find on the magazine rack. This practical guidebook will help women break free of the mold of traditional monogamy, without the constraints of jealousy, possessiveness, insecurity, and competition. The Smart Girl's Guide to Polyamory incorporates interviews and real-world advice from women of all ages in nontraditional relationships, as well as exercises for building self-awareness, confidence in communication, and strategies for managing and eliminating jealousy. If you're curious about exploring group sex, opening up your current monogamous relationship, or ready to “come out” as polyamorous, this book covers it all! Whether you're a seasoned graduate, a timid freshman, or somewhere in between, you'll learn how to discover and craft unique relationships that are healthy, happy, sexy, and tailor-made for you. Because when it comes to your love life, being a know-it-all is actually a great thing to be.

More Than Two

This unique, timely book of original essays sets the stage for a new materialist

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feminist debate on the analysis, ethics and politics of love. The contributors raise questions about social power and domination, situating their research in a materialist feminist perspective that investigates love historically, in order to understand changing ideologies, representations and practices. The essays range from studies of particular representations and examples of love - feminist translation, mass media images and internet love blogs - to feminist theories of love and marriage, to ethical and political theories describing, critiquing or advocating the use of love in groups as a radical force. They break new ground in bringing together questions of gendered interests in love, temporal dimensions of loving practices and the politics of love in radical transformations of society.

Swinging in America

A sensational, eye-opening account of Emma Jung's complex marriage to Carl Gustav Jung and the hitherto unknown role she played in the early years of the psychoanalytic movement. Clever and ambitious, Emma Jung yearned to study the natural sciences at the University of Zurich. But the strict rules of proper Swiss society at the beginning of the twentieth century dictated that a woman of Emma's stature—one of the richest heiresses in Switzerland—travel to Paris to "finish" her education, to prepare for marriage to a suitable man. Engaged to the son of one of her father's wealthy business colleagues, Emma's conventional and predictable life was upended when she met Carl Jung. The son of a penniless pastor working as an

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assistant physician in an insane asylum, Jung dazzled Emma with his intelligence, confidence, and good looks. More important, he offered her freedom from the confines of a traditional haute-bourgeois life. But Emma did not know that Jung's charisma masked a dark interior—fostered by a strange, isolated childhood and the sexual abuse he'd suffered as a boy—as well as a compulsive philandering that would threaten their marriage. Using letters, family interviews, and rich, never-before-published archival material, Catrine Clay illuminates the Jungs' unorthodox marriage and explores how it shaped—and was shaped by—the scandalous new movement of psychoanalysis. Most important, Clay reveals how Carl Jung could never have achieved what he did without Emma supporting him through his private torments. The Emma that emerges in the pages of *Labyrinths* is a strong, brilliant woman, who, with her husband's encouragement, becomes a successful analyst in her own right.

How We Live Now

Contemporary relationships are in a state of rapid evolution. These changes can and should empower people with the opportunity to develop partnerships based on their own sexualities, understandings, and agreements. This makes it possible to create what Kenneth Haslam, founder of the Kinsey Institute's Polyamory Archive, has called "designer relationships." Designer relationships may encompass: people who bond emotionally but not sexually; people who agree to be non-exclusive;

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single people who have occasional lovers or friends with benefits; multiple partner configurations where long-term bonds exist among all or some; partnerships in which people are kinky and that make room to explore kink. The possibilities are limitless, and thinking about a partnership as something people can craft allows for flexibility and change. Relationships can open and close or have varying degrees and kinds of openness as circumstances demand. In the context of a designer relationship, decisions are made mutually, consciously, and deliberately. Best-selling authors and nationally known relationship experts Patricia Johnson and Mark A. Michaels are exemplars of this life choice, and have studied polyamory for over 20 years. This book explains exactly how you and your loved ones can design your own life and love.

Exciting Times

“This debut novel about an Irish expat millennial teaching English and finding romance in Hong Kong is half Sally Rooney love triangle, half glitzy Crazy Rich Asians high living—and guaranteed to please.” —Vogue AN ANTICIPATED BOOK FROM: Vogue * Elle * O, the Oprah Magazine * Esquire * Harper's Bazaar * PopSugar * LitHub An intimate, bracingly intelligent debut novel about a millennial Irish expat who becomes entangled in a love triangle with a male banker and a female lawyer Ava, newly arrived in Hong Kong from Dublin, spends her days teaching English to rich children. Julian is a banker. A banker who likes to spend

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money on Ava, to have sex and discuss fluctuating currencies with her. But when she asks whether he loves her, he cannot say more than "I like you a great deal." Enter Edith. A Hong Kong-born lawyer, striking and ambitious, Edith takes Ava to the theater and leaves her tulips in the hallway. Ava wants to be her—and wants her. And then Julian writes to tell Ava he is coming back to Hong Kong Should Ava return to the easy compatibility of her life with Julian or take a leap into the unknown with Edith? Politically alert, heartbreakingly raw, and dryly funny, *Exciting Times* is thrillingly attuned to the great freedoms and greater uncertainties of modern love. In stylish, uncluttered prose, Naoise Dolan dissects the personal and financial transactions that make up a life—and announces herself as a singular new voice.

The Seven Natural Laws of Love

Can you love more than one person? Have multiple romantic partners, without jealousy or cheating? Absolutely! Polyamorous people have been paving the way, through trial and painful error. Now there's the new book *More Than Two: A practical guide to ethical polyamory to help you find your own way.*

Routledge Handbook of Critical Indigenous Studies

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“A fast-paced debut... A candid, modern take on polyamory for fans of memoirs and graphic novels, and anyone interested in stories of dating, love, and romance.” —Library Journal After trying for years to emulate her boomer parents’ forty-year and still-going-strong marriage, Sophie realized that maybe the love she was looking for was down a road less traveled. In this bold, graphic memoir, she explores her sexuality, her values, and the versions of love our society accepts and practices. Along the way, she shares what it’s like to play on Tinder side-by-side with your boyfriend, encounter—and surmount—many types of jealousy, learn the power of female friendship, and other amazing things that happened when she stopped looking for “the one.” In a lot of ways, *Many Love* is Sophie’s love letter to everyone she has ever cared for. Witty, insightful, and complete with illustrations, this debut provides a memorable glimpse into an unconventional life.

Undoing Monogamy

Love, sex, and relationship wisdom from the polyamory movement are offered in this practical guide to spiritual enlightenment. Contrary to popular belief, monogamy and celibacy are not the only two options for exploring a spiritual path. In *Opening Love*, Dr. Anya translates the lessons learned by the pioneers of the polyamory (many loves) movement for readers who actively pursue personal growth through spiritual practice. Drawing on both personal experience and philosophical reflection, this nonfiction guide explains how to cultivate intentional,

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creative, non-conventional relationships that center on principles of honesty and consent. Instead of committing solely to a single person, spiritual seekers can instead commit to pursuing openness and courage in all their interactions. As polyamorists understand: love, sex, and relationships are not scarce commodities, rather they are an abundant resource for healing and evolving one's consciousness. With eloquence and precision, Dr. Anya describes how to cultivate compersion (the opposite of jealousy), find an intentional community based on common core values, and build advanced emotional and communication skills. Meditation and reflection practices are offered throughout, to create an interactive, truly transformative learning experience.

Critical Perspectives on 21st Century Friendship

A practical guide to making sexually open arrangements work outlines options for transforming monogamous relationships into effective polyamorous ones, in a reference that addresses such topics as boundary setting, child-raising, and conflict resolution. Original.

Not Your Penance

The Routledge Handbook of Critical Indigenous Studies is the first comprehensive

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overview of the rapidly expanding field of Indigenous scholarship. The book is ambitious in scope, ranging across disciplines and national boundaries, with particular reference to the lived conditions of Indigenous peoples in the first world. The contributors are all themselves Indigenous scholars who provide critical understandings of indigeneity in relation to ontology (ways of being), epistemology (ways of knowing), and axiology (ways of doing) with a view to providing insights into how Indigenous peoples and communities engage and examine the worlds in which they are immersed. Sections include: • Indigenous Sovereignty • Indigeneity in the 21st Century • Indigenous Epistemologies • The Field of Indigenous Studies • Global Indigeneity This handbook contributes to the re-centring of Indigenous knowledges, providing material and ideational analyses of social, political, and cultural institutions and critiquing and considering how Indigenous peoples situate themselves within, outside, and in relation to dominant discourses, dominant postcolonial cultures and prevailing Western thought. This book will be of interest to scholars with an interest in Indigenous peoples across Literature, History, Sociology, Critical Geographies, Philosophy, Cultural Studies, Postcolonial Studies, Native Studies, Māori Studies, Hawaiian Studies, Native American Studies, Indigenous Studies, Race Studies, Queer Studies, Politics, Law, and Feminism.

Polyamory and Jealousy

When Someone You Love Is Kinky

At a time when society no longer imposes many sexual taboos, why is open marriage still considered beyond the pale? Written by Gracie X, *Wide Open* is an enthusiastic, honest, and sometimes raw account of one woman's experience living polyamorously within the context of her average American family. Gracie X—a suburban mother of two—has been married to her loving husband, Hank, for 25 years. The problem is that their once-vibrant sex life has shriveled to nothing. Meanwhile, she has fallen in love with another man, for whom she has an overwhelming physical yearning. Frustrated and conflicted but determined not to give up her hard-won home life and wonderful husband, she is desperate for a creative solution. Can she somehow keep both men in her life without resorting to divorce or dishonesty? A friend introduces Gracie to polyamory: loving and being faithful to more than one person at a time. "Poly," it turns out, is a whole new world, with dedicated counselors, parties, and dating sites. Convincing Hank ended up being the easy part: he quickly found a girlfriend and accepted Gracie's terms. Their children, although upset at first, adjusted to having their parents' "special friends" around, and having Hank and his girlfriend in one duplex, with Gracie and her new boyfriend, Oz, next-door, seemed like an inspired solution. But would trying to go poly create as many problems as it was trying to solve? In her candid and provocative memoir, *Wide Open*, Gracie details the years she has spent exploring the poly lifestyle and creating her "chosen family." A fiercely intelligent

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feminist, she challenges traditional ideas about monogamy, fidelity, and sexuality. From swinger parties and strip clubs to sex toys and pornography, this is an edgy and thought-provoking read. Yet erotica and tenderness share space here, with Gracie's true love for both Hank and Oz—as well as her two children—coming through very clearly. *Wide Open* reveals—with humor, integrity and heart—how one woman blended love, sex and marriage in unconventional ways and found the fulfillment she was looking for.

Next Year, for Sure

In *Undoing Monogamy* Angela Willey offers a radically interdisciplinary exploration of the concept of monogamy in U.S. science and culture, propelled by queer feminist desires for new modes of conceptualization and new forms of belonging. She approaches the politics and materiality of monogamy as intertwined with one another such that disciplinary ways of knowing themselves become an object of critical inquiry. Refusing to answer the naturalization of monogamy with a naturalization of nonmonogamy, Willey demands a critical reorientation toward the monogamy question in the natural sciences, social sciences, and humanities. The book examines colonial sexual science, monogamous voles, polyamory, and the work of Alison Bechdel and Audre Lorde to show how challenging the lens through which human nature is seen as monogamous or nonmonogamous forces us to reconsider our investments in coupling and in disciplinary notions of biological

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bodies.

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