

Navigating The Interior Life Spiritual Direction And Journey To God Daniel Burke

Will Many Be Saved?The Contemplative Rosary with St. John Paul II and St. Teresa of AvilaThe Spiritual CombatThe Virtues of HolinessThe Fulfillment of All Desire30 Days with Teresa of AvilaSpiritual Warfare and the Discernment of SpiritsHow to Read Your Way to HeavenThe Better Part (4-Vol Set)The Way of Spiritual DirectionSpirituality, Religion, and AgingThink and BelieveSt. Francis of AssisiSpiritual Direction: A Guide for Sharing the Father's LoveLiving the Mystery of Merciful LoveNavigating the Interior LifeThe Soul of the ApostolateBible Basics for CatholicsSeven Gifts of the Holy SpiritThe Interior CastleThe Catholic CalumetThe Interior CastleNavigating the Interior LifeFinding God Through MeditationThe St. Teresa of Avila Prayer BookFire from AboveSpiritual Direction and Spiritual DirectorsBeginning Spiritual DirectionEucharistic Miracles60 Days to Becoming a Missionary DiscipleJourney with JesusThe Practice of Spiritual DirectionPractical TheologyGlobalization, Spirituality, and Justice Revised EditionNavigating the Interior Life Study GuideConversation with ChristWheat and TaresUnion with GodRoad to Spiritual FitnessUsing the Bible in Spiritual Direction

Will Many Be Saved?

These unedited letters of Teresa of Avila to her friends offer a rare window from which to gaze upon the Saint's genuine witness and pragmatic advice on pursuing an intimate friendship with God.

The Contemplative Rosary with St. John Paul II and St. Teresa of Avila

The Spiritual Combat

In 1730 a delegation of Illinois Indians arrived in the French colonial capital of New Orleans. An Illinois leader presented two ceremonial pipes, or calumets, to the governor. One calumet represented the diplomatic alliance between the two men and the other symbolized their shared attachment to Catholicism. The priest who documented this exchange also reported with excitement how the Illinois recited prayers and sang hymns in their Native language, a display that astonished the residents of New Orleans. The "Catholic" calumet and the Native-language prayers and hymns were the product of long encounters between the Illinois and Jesuit missionaries, men who were themselves transformed by these sometimes intense spiritual experiences. The conversions of people, communities, and cultural practices that led to this dramatic episode all occurred in a rapidly evolving and always contested colonial context. In *The Catholic Calumet*, historian Tracy Neal Leavelle examines

interactions between Jesuits and Algonquian-speaking peoples of the upper Great Lakes and Illinois country, including the Illinois and Ottawas, in the seventeenth and eighteenth centuries. Leavelle abandons singular definitions of conversion that depend on the idealized elevation of colonial subjects from "savages" to "Christians" for more dynamic concepts that explain the changes that all participants experienced. A series of thematic chapters on topics such as myth and historical memory, understandings of human nature, the creation of colonial landscapes, translation of religious texts into Native languages, and the influence of gender and generational differences demonstrates that these encounters resulted in the emergence of complicated and unstable cross-cultural religious practices that opened new spaces for cultural creativity and mutual adaptation.

The Virtues of Holiness

A coherent, forceful, and compelling case for God and the Church founded by Jesus of Nazareth. This is a remarkable achievement of solid, factual, information that is loaded with ammunition for the new evangelization. Contains colorful vignettes of historic moments alternating with sustained argument. Marks challenges the reader to set aside long-held assumptions and prejudices. Jesus is the only one who proclaimed himself sinless and the only one who ever claimed to be God. His followers converted an entire empire without resort to violence, and after winning Rome they not only gave the world its calendar but transformed pagan culture beyond recognition. These hard, cold facts are presented here with copious notes for easy identification of persons, events, or doctrines that may be unfamiliar. The reader will also find a detailed index and useful appendices.

The Fulfillment of All Desire

"A Michael Glazier book."Originally published: Wilmington, Del. : M. Glazier, ©1985. Includes bibliographical references (pages 216-220). Table of Contents: Spiritual regeneration -- Spiritualization-interiorization -- The spiritual director as abba/amma -- Spiritual direction as listening -- Manifestation of the heart -- Basic principles for listening -- Divine wisdom -- The emergence of the directee's spiritual direction -- Difficulties for the director in listening -- Difficulties for the directee in listening -- Listening to and loving the directee -- The spiritual director-directee relationship -- Listening and poverty of spirit -- Personalized retreats.

30 Days with Teresa of Avila

Satan is always at work breeding sadness and anxiety while providing obstacles that prevent souls from making spiritual progress. In this concise yet powerful book, author Dan Burke presents the venerable, time-tested wisdom of Catholic

mystics to help you understand the influence of the Enemy on your mind and heart, and the tactics you need to combat him. With St. Ignatius as his guide, Burke presents here an indispensable, authoritative manual for engaging in daily battle with the Adversary—combat that is both inevitable and winnable. Burke will help you recognize the ebbs and flows of consolation and desolation, and distinguish between the voices of God and of Satan. Best of all, you'll come to see the spiritual life not as a science to be learned, but as an intuitive art to be practiced as you move with increasing success from habitual sin to sanctity. The battle for our souls is unavoidable. The saints won theirs by learning how to be spiritual warriors and by recognizing that we become stronger through battle and grow weaker from avoidance. With this book as your guide, you'll grow in strength and contentment as you learn: -How to take captive every negative thought and make it obedient to Christ -St. Ignatius's revelations exposing how the Devil seeks to influence us -The Paradigm of Ascent and the Five Steps to Sanctity -The three ways you can discern "Good Spirits" from "Bad Spirits" -The three principal causes of desolation—and what you must do when it afflicts your soul -Proven methods for moving away from sin and toward self-giving love of God and neighbor.

Spiritual Warfare and the Discernment of Spirits

Spirituality, Religion, and Aging: Illuminations for Therapeutic Practice by Holly Nelson-Becker is a highly integrative book written for students, professionals in aging, ministers, and older adults themselves. Readers will gain the knowledge and skills they need to assess, engage, and address the spiritual and religious needs of older persons. Taking a fresh approach that breaks new ground in the field, the author discusses eight major world religions and covers values and ethics, theories, interventions, health and caregiving, depression and anxiety, dementia, and the end of life. Meditations and exercises throughout the book allow readers to expand and explore their personal understanding of spirituality. Referencing the latest research, the book includes assessments and skill-based tools designed to help practitioners enhance the mental health of older people.

How to Read Your Way to Heaven

Teresa of Avila articulated for all of us the wondrous interior landscape of prayer. Journey with her through a week of prayer and meditation. Pray the psalms and confessions Teresa prayed. Use her words for meditation, and become acquainted with the wisdom of the saints who made such an impact on Teresa's spiritual growth and practice. Each day of the week includes morning and evening prayer, and there is a topic for every day, based on themes that emerge from Teresa's life and work. "It is love alone that gives worth to all things." —Teresa of Avila

The Better Part (4-Vol Set)

Living the Mystery of Merciful Love: 30 Days with Threse of Lisieux is the latest in the Navigating the Interior Life series, which brings the wisdom of the saints into the hands of today's readers. In this presentation of intimate letters from St. Threse of Lisieux to her sisters and close friends, authors Anthony Lilles and Dan Burke lay out the Little Flower's program for complete self-offering to God through her Oblation to Merciful Love.

The Way of Spiritual Direction

Spirituality, Religion, and Aging

Written in 1577 and first published in English in 1852, The Interior Castle is considered one of the greatest works of Catholic spiritual prose. A painting of the spirit within a Renaissance landscape, this allegory of the soul as a castle is both poetic and didactic. Written in address of women, this work describes the seven concentric groups of mansions within the soul, each aligned to one of the seven heavens, and here is the map which gently, and with love and prayer, leads the female spirit through war, fear, and humility, into the ultimate destination-the central court and a spiritual "marriage" to God. The works of Spanish nun SAINT TERESA OF AVILA (1515-1582) rank among the most extraordinary mystical writings of Roman Catholicism and among the classics of all religious traditions. Her writings include The Way of Perfection and her autobiography, The Life of Saint Teresa of Jesus.

Think and Believe

The Soul of the Apostolate was the favorite book of Pope St. Pius X. This book shows how prayer is the soul of every apostolic work and is absolutely critical for apostolic success. Explores all the proved methods of developing and maintaining the interior life amid the bustle of daily activity. This excellent book will help you to understand the economy of salvation, as well as the many dead-ends that we fallen creatures tend to follow. A critically important introduction to the spiritual life! This important book has been recommended by Pope St. Pius X and his successor, Pope Benedict XV. Pope St. Pius X said, "If you desire that God should bless your apostolate and make it fruitful, undertake everything for His glory, saturate yourself and your devoted fellow-workers with the spirit of Jesus Christ, animating yourself and them with an intense interior life. To this end, I can offer you no better guide than The Soul of the Apostolate by Dom Chautard, Cistercian Abbot. I warmly recommend this book to you, as I value it very highly, and have myself made it my bedside book."

St. Francis of Assisi

Spiritual Direction: A Guide for Sharing the Father's Love

Christian perfection consists in the twofold way of charity: service of neighbor and our direct quest for God's love. Many of us discover ways to love our neighbor, but few achieve intimacy with God. Why? Because we don't know how to prepare ourselves properly to reach this exalted goal. In these pages, Father Gabriel of St. Mary Magdalen lays out for us a time-tested path toward achieving complete intimacy with God, the path first mapped out centuries ago by the Church's acclaimed master of the contemplative life, St. John of the Cross (1542-1591). St. John showed that God hungers for union with each of us but also requires arduous efforts on our part, the many details of which Father Gabriel explains in these enlightening pages. Do you perceive holiness as an unattainable goal for you? Or is fear of the fatigue of such an effort holding you back? Absorb this book, and allow gentle St. John to take you by the hand and lead you — as he has led so many others — to true intimacy with our Lord.

Living the Mystery of Merciful Love

Drawing upon his many years as a spiritual director, Monsignor David E. Rosage analyzes how to seek spiritual direction how to find a good spiritual director, the difference between personal counseling and spiritual direction and what are its realistic expectations. By dealing with these issues, one may begin the process of developing a more personal relationship with God, with a better understanding of his will in which to incorporate all decisions of your life.

Navigating the Interior Life

The teachings of St Teresa of Avila about personal prayer. The practicality of St. Teresa's teaching about mental prayer shines through in this wonderful synopsis of her writings about it--something she said "the whole world could not purchase." Learn how we should pray, in order to grow in the spiritual life. Imprimatur.

The Soul of the Apostolate

Thirty-five years ago, when I was at a low point in my life, the Lord called on me to go deeper in the Faith and to commit myself more fully to Him. My reply? "Yes, Lord! I desire renewal, but I can't do it alone. I need your help." That day, I took my first halting steps down the long Road to Spiritual Fitness. Today, with these pages, I'm inviting you to join me on this rewarding path—and, along with the Lord, I'm going to give you the help you need to do so. Much like physical fitness, attaining genuine spiritual fitness requires sustained commitment: you need to be in it for the long haul. I've often wanted to turn back, but the Lord assures me that although the path is long and may sometimes be rugged, the effort is well worth

it. In these pages, I share key details of my journey down the Road to Spiritual Fitness and provide you with some of the first-class tools that have sustained me along the way (and will sustain you, too). Don't fear . . . and don't delay! These tools are for regular guys like you and me, down-to-earth men struggling against the many temptations that face us today. I can assure you that if you follow the steps outlined in these pages, you will, through the power of the Holy Spirit, become spiritually fit to overcome those temptations and face the many other trials of this life. So join me now on the Road to Spiritual Fitness and become the better man God is calling you to be!

Bible Basics for Catholics

Daily Meditation keeps your faith lively, supple, and relevant. It irrigates the soil of your soul, making your life more fruitful and continually opening up new vistas along the path to spiritual maturity. Now, Father John Bartunek, author of *Inside the Passion*, has created an extensive Christ-centered resource to serve as a daily meditation companion. *The Better Part* is meant to be a catalyst to personalize your times of prayer and meditation, enabling you to follow the Holy Spirit's lead more readily. The first section of *The Better Part* offers a detailed and practical guide to Christian meditation. The second and larger section is divided into units. Each unit consists of five parts: a passage from the Gospels and a four-part commentary based on the same four themes throughout the book: Christ the Lord, Christ the Teacher, Christ the Friend, and Christ in My Life. All four Gospels are contained and commented upon in their entirety. This structure is substantive, meditative, and flexible. Truly, this is a book for a lifetime!

Seven Gifts of the Holy Spirit

Finding God Through Meditation is the second book of Dan Burke's *Navigating* series that brings the wisdom of the saints into your hands. This book offers insights on meditation from St. Teresa of Avila's spiritual director, himself a great saint and mystic.

The Interior Castle

The question of whether and how people who have not had the chance to hear the gospel can be saved goes back to the beginnings of Christian reflection. It has also become a much-debated topic in current theology. In *Will Many Be Saved?* Ralph Martin focuses primarily on the history of debate and the development of responses to this question within the Roman Catholic Church, but much of Martin's discussion is also relevant to the wider debate happening in many churches around the world. In particular, Martin analyzes the Dogmatic Constitution on the Church, the document from the Second Vatican Council that directly relates to this question. Contrary to popular opinion, Martin argues that according to this text,

the conditions under which people who have not heard the gospel can be saved are very often, in fact, not fulfilled, with strong implications for evangelization.

The Catholic Calumet

Father John Bartunek insightfully combines Bible passages and Church teaching with practical and actionable advice that you can apply to your daily life. Throughout the book, he clarifies commonly misunderstood terms like mission, apostolate, evangelization, and new evangelization. The book also helps those pursuing Christ to take the next step in spiritual maturity. By identifying where you need to grow, you'll experience renewed enthusiasm and discover a new depth to your prayer life.

The Interior Castle

Many of us commit to some form of spiritual reading, but we find that our book choices are sporadic and often based on a whim rather than following a purposeful plan. Designed for individual or group settings, *How to Read Your Way to Heaven* will guide your quest to delve deeper into a relationship with Christ by meditating on the written word while organizing your reading around the four pillars of the Catholic Faith — the Creed, the sacraments, morality, and prayer. *How to Read Your Way to Heaven* is not merely another book to read. It is designed to be an invaluable tool for guiding and organizing your reading to help you on your journey to become a saint. And best of all, this fully integrated do-it-yourself spiritual reading program that can be easily followed by the busiest of Catholics with the tightest of schedules. By following this plan, you'll meditate daily on Sacred Scripture and read the entirety of the Catechism over the course of the program. You'll be introduced to a treasure-trove of the greatest Catholic books ever written, and you'll learn prayerful reading methods such as lectio divina as well as time-tested advice on where and when to read. Here you'll also find a list of the favorite books by leading Catholics of our day, including Bishop James Conley, Fr. Mike Schmitz, Fr. C.J. McCloskey, Jennifer Fulwiler, Peter Kreeft, Patrick Coffin, Karl Keating, Lisa Hendey, Fr. Timothy Gallagher, Mike Aquilina, and so many more. Spiritual reading arms us for battle. We are called to be saints, and yet daily we are bombarded by a culture that drives our minds and hearts away from the supernatural life. Because what we choose to read makes a significant difference in our spiritual growth and understanding, we present this structured reading guide to help you read with a purpose.

Navigating the Interior Life

Many of us fail to recognize that obtaining the seven gifts of the Holy Spirit is absolutely essential to getting to heaven. We often block their reception through our own faults. We fail to see how they are passed on or strengthened in the

sacraments. And, sadly, we forget to petition God in prayer to bestow these gifts upon us. In these pages, Dr. Kevin Vost — best-selling author of *The One-Minute Aquinas* — provides us with a substantive yet readable introduction to the seven gifts and how we can humbly submit our wills to the stirrings of the Holy Spirit. As Dr. Vost explains, these God-given gifts help us to conform our lives to His image, intellect and will. They prevent us from being drawn into frustration – and possibly self-destruction – by following our own sensual appetites. Indeed, the gifts of the Holy Spirit are the only path to being fully happy on earth and in the life to come. With St. Thomas Aquinas and St. Bonaventure as his guides, Dr. Vost introduces you to the special charism of the Holy Spirit before explaining each gift one by one. You'll discover the special meaning behind each of the natural and theological virtues, and you'll learn the indispensable link between the seven gifts and the Beatitudes. You'll also learn: How the seven gifts differ from the fruits of the Holy Spirit. The three ways to perfect fear of the Lord. The one sacrament that helps you fortify fortitude – it's not the one you think. How the gift of knowledge differs from the gift of understanding. The seven steps to unwrapping – and sharing – each of the Holy Spirit's gifts. The greatest of the seven gifts – and why you must possess it to attain heaven. Are the seven gifts habits we must develop, or does the Holy Spirit instill the habits in us? Don't let another year go by without unwrapping and enjoying the gifts of the Holy Spirit. Read this book, and then accept the seven gifts the Holy Spirit so desperately wants to give you.

Finding God Through Meditation

The Classic Work on Helping People Become Closer to God Fathers Barry and Connolly see the work of spiritual direction as helping people to develop their relationship with God. In thinking and practice they have absorbed the insights of modern psychotherapy, but have not been absorbed by them. This highly practical book reflects the authors' experience at the Center for Religious Development in Cambridge, Massachusetts, where spiritual direction is available and where directors are trained.

The St. Teresa of Avila Prayer Book

The Virtues of Holiness offers a road-map for navigating our everyday activities: work, family, leisure pursuits. It shows how we can reach the heights of Christian life in and through these activities. For many people this is unfamiliar territory, and the author has written this book just for them. Fr. Lorda offers his readers a daily spiritual plan and describes strategies for gaining the virtues needed for following Christ closely. The next steps are familiarity with the life of Christ and developing a deep interior relationship with Him. Although its path is challenging, *The Virtues of Holiness* leaves no doubt that the struggle to stay close to Christ lies within the reach of every Christian. The author draws on a wide range of Christian apologists from the Church Fathers to St. Thomas Aquinas, as well as the 16th century Spanish mystics, John of Avila, John of the Cross, and Teresa of Avila. The result is a book that is accessible to readers of all ages, and especially young

believers.

Fire from Above

The story of 36 major Eucharistic Miracles from Lanciano, Italy in 800 to Stich, Bavaria in 1970. Details the official investigations. Tells where some are still venerated today. Covers Hosts that have bled, turned to flesh, levitated, etc.; plus, of Saints who have lived on the Eucharist alone. Reinforces the Church's doctrine of the Real Presence of Jesus in the Blessed Sacrament like no other book!

Spiritual Direction and Spiritual Directors

Spiritual direction is increasingly popular among Christians of all mainstream traditions, with demand for directors outstripping supply in many places. And although the Bible is central to the practice of spiritual direction, very little has been published on how best to use it in this form of ministry. Experienced spiritual director Liz Hoare explores the central role the Bible has played in Christian experience, in order to discourage poor, shallow or rigid use of the Bible, which can lead to damage and inhibit spiritual growth. According to Hoare, the goal of spiritual direction is not a personal improvement plan but a people who are being shaped into the likeness of Christ, for the flourishing of the church as a whole. Using different methods of praying with the Bible and drawing on historical traditions of Christian spirituality, as well as current literature and practice, this book offers a rich, stimulating, and thoroughly biblical resource for all those who give and receive spiritual direction.

Beginning Spiritual Direction

John Bergsma's popular Bible Basics for Catholics, which has sold more than 60,000 copies, offers readers an accessible vision of salvation history as it unfolds in the Bible, showing readers how the Bible points us to the saving life and work of Jesus. This new edition includes an additional chapter on covenant fulfillment in the Book of Revelation. Bergsma brings to his theology a combination of academic expertise, pastoral wisdom, and unique playfulness. Bible Basics for Catholics is based on Bergsma's popular Introduction to Theology course at Steubenville. As a teacher, Bergsma has an uncanny ability to make complex ideas understandable and faith-inspiring while staying true to both Catholic teaching and biblical scholarship. Readers will begin to see the Christian understanding of salvation by walking through the Old Testament, going through the great stories of Adam and Eve, Noah, Abraham, Moses, the great kings and prophets of Israel, and culminating in the person and work of Jesus Christ.

Eucharistic Miracles

60 Days to Becoming a Missionary Disciple

The need for spiritual direction—or the accompaniment of a spiritual guide—is becoming more prominent in a world where so many are suffering from so many wounds. With a harmonious integration of both timeless spiritual wisdom from the Catholic Church’s tradition of prayer and direction, and the insight of the psychological sciences, Fathers Thomas Acklin and Boniface Hicks offer a comprehensive guide for all who provide or seek spiritual direction. *Spiritual Direction: A Guide for Sharing the Father’s Love* fortifies priests, religious, and lay faithful who embrace the ministry of spiritual direction and accompany the wounded, assist men and women in hearing the voice of God, and model the love and mercy of the Father for the many who are seeking Him but do not know Him or have false images of Him. This book also shows how various aspects of the spiritual life can emerge from and be fostered by a one-on-one relationship with a spiritual director. Together with concrete guidelines and numerous examples from personal experience, this book refers extensively to Sacred Scripture as the foundation for spiritual direction. Furthermore, since the practice of spiritual direction goes back to the first centuries of the Church, the authors turn for guidance to the Doctors of the Church, the writings of the saints, and the papal magisterium in developing and supporting their insights. *Spiritual Direction* will call spiritual directors to deeper holiness even as they assist others in growing closer to the Father through His loving gaze of mercy.

Journey with Jesus

Spiritual Direction and Spiritual Directors is a collection of teachings from four spiritual masters who have a world-wide reputation in the field of spiritual development: St. Teresa of Avila, St. John of the Cross, Thomas a Kempis, and St. Francis de Sales.

The Practice of Spiritual Direction

Although most Catholic priests are devout men who have sincerely committed their lives to Christ and His Church, they are also human beings with faults and failings. Some are cranky and stern, and others can be weak or indifferent. Some grapple with alcohol or sensuality, and others are controlled by money. In our day, thousands of priests have been exposed for committing the gravest of sins: abusing those who have been entrusted to their care. In these searingly honest and insightful pages, EWTN host and author Fr. Mitch Pacwa, S.J., brings consolation to all those who have been abused, wounded, or scandalized by the wickedness of priests and bishops. He takes you on a reassuring exploration of the Gospels

to show how Christ anticipated the sins of the clergy and the hierarchy—and gives us examples of how to deal with them spiritually emotionally, rationally, and practically. Fr. Mitch reinforces what Christ's parables teach us: that good and evil will co-exist in the Church, and that spiritual blindness will affect the moral life of the clergy and the lay faithful alike. The solution, he says, lies in the power of Jesus' Death and Resurrection and the Apostles' response to the Risen Lord: authentic conversion to faith in Jesus, which reorients our lives toward selfless service of others.

Practical Theology

In *A Journey with Jesus*, spiritual director Larry Warner guides us through the Spiritual Exercises of Saint Ignatius, similar to the way he's been leading people through them in person. Ignatius wanted to help everyone, no matter what age or stage of life, experience Jesus. Through prayers and Scripture readings that largely focus on the life of Christ, the Spiritual Exercises that have been so powerful and growth-inducing for so many, including Warner, can be a tool for transformation in you as well.

Globalization, Spirituality, and Justice Revised Edition

El Castillo Interior or Las Moradas (trans.: *The Interior Castle or The Mansions*) was written by Saint Teresa of Avila in 1577 as a guide for spiritual development, through service and prayer. Inspired by her vision of the soul as a crystal globe in the shape of a castle containing seven mansions, which she interpreted as the journey of faith through seven stages, ending with union with God

Navigating the Interior Life Study Guide

A humble prayer calls down fire from above, and as we learn to live a life rooted in prayer, this heavenly fire grows into a profound awareness of the presence of God. This is the deepest purpose of prayer, and making this journey is essential for reaching the heights of holiness for which we were made. In *Fire From Above*, Dr. Anthony Lilles, Academic Dean at St. John's Seminary in California, shows you how to put your whole life in conversation with the Risen Lord within the Catholic tradition of spirituality. The wisdom of great saints and mystics will help you discover how to surrender your pride and appeal to God with humble trust, and how prayer addresses your deepest human needs. Dr. Lilles then shows you how the mystery of prayer unfolds, and how God provides heroic levels of courage and deep internal resolve through humble and persevering devotion. You'll examine how spiritual battles and dryness in prayer are essential to reaching communion with God, including the dark night of the soul. In these remarkable pages, you'll also explore: Why finding time to pray is always possible and necessary even when life is busy How the proper use of sacramentals can render the heart more vulnerable to

God's saving power while protecting it from evil. Practical ways to confront self-deception and other challenges to contemplative prayer. How forgiveness and bearing hardships are means for spiritual maturity. The indispensable role of Our Lady in the life of faith. Read these pages, and you'll soon embark on the epic adventure which is the life of prayer, and you'll find encouragement to desire neither the goods nor the experiences of this world, but instead to pursue alone the Lord and His divine plan for your life.

Conversation with Christ

Saint Thomas Aquinas has been admired throughout the ages for his philosophical brilliance and his theological sanity, but author and professor Peter Kreeft thinks the practical spiritual wisdom of Aquinas is just as amazing. In this book, Kreeft brings together 358 useful, everyday insights from Aquinas' masterpiece the Summa Theologiae. He pairs these easily digestible quotes from the Summa with his own delightfully written commentary in order to answer the kinds of questions real people ask their spiritual directors. These 358 passages from the Summa have helped Kreeft in his own struggles to grow closer to the Lord. His practical, personal, and livable advice is the fruit of his labors to apply the insights of Aquinas to his own quest for sanctity, happiness, and union with God.

Wheat and Tares

What is spiritual direction and my spiritual direction? What are my "blind spots" and how can I uncover them? What keeps me from all the spiritual riches Christ has for me? How can I better understand where I am in my spiritual progress? Daniel Burke's Navigating the Interior Life will give you the tools you need to understand how and why we grow and die in the spiritual life and what we can do about it.

Union with God

"Includes the National Catholic Register's new guide to the rosary.

Road to Spiritual Fitness

Most of us have questions about spiritual direction. What is it? What if I can't find a spiritual director? These questions and more are well answered in Dan Burke's book. The Lord is clearly calling all Catholics into a deeper union with him. This book, in a style which is both inspiring and practical, provides some of the Church's most important wisdom about how to respond to this call.

Using the Bible in Spiritual Direction

Winner: Honorable Mention from the Catholic Press Association Ralph Martin, drawing upon the teaching of seven acknowledged "Spiritual Doctors" of the Church, presents an indepth study of the journey to God. This book provides encouragement and direction for the pilgrim who desires to know, love, and serve our Lord. Whether the reader is beginning the spiritual journey or has been traveling the road for many years, he will find a treasure of wisdom in The Fulfillment of All Desire. It is destined to be a modern classic on the spiritual life.

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