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The New Luxury

Welcome to tha Boss Dogg's Kitchen The first cookbook and recipe book from Tha Dogg: You've seen Snoop work his culinary magic on VH1's Emmy-nominated Martha and Snoop's Potluck Dinner Party, and now, Tha Dogg's up in your kitchenwith his first cookbook. Recipe book that delivers 50 recipes straight from Snoop's own collection: Snoop's cookbook features OG staples like Baked Mac &

Cheese and Fried Bologna Sandwiches with Chips, and new takes on classic weeknight faves like Soft Flour Tacos and Easy Orange Chicken. And it don't stop Snoop's giving a taste of the high life with remixes on upper echelon fare such as Lobster Thermidor and Filet Mignon. But we gotta keep it G with those favorite munchies too, ya know? From chewy Starbursts to those glorious Frito BBQ Twists, you should have an arsenal of snacks that'll satisfy. And of course, no party is complete without that Gin and Juice and other platinum ways to entertain. If you're a fan of celebrity cookbooks such as Bob's Burgers, Magnolia Table Cookbook, Margaritaville cookbook, or the Gilmore Girls Eat Like a Gilmore; the Doggfather's got you covered – complete with epic stories and behind-the-scenes photos that bring his masterpieces to life.

Atlas Obscura

What Makes a Man, a Man? For centuries, being a man meant living a life of virtue and excellence. But then, through time, the art of manliness was lost. Now, after decades of excess and aimless drift, men are looking for something to help them live an authentic, manly life--a primer that can give their life real direction and purpose. This book holds the answers. To master the art of manliness, a man must live the seven manly virtues: Manliness, Courage, Industry, Resolution, Self-Reliance, Discipline, Honor. Each chapter covers one of the seven virtues and is packed with the best classic advice ever written down for men. From the

philosophy of Aristotle to the speeches and essays of Theodore Roosevelt, these pages contain the manly wisdom of the ages--poems, quotes, and essays that will inspire you to live life to the fullest and realize your complete potential. Learn the art. Change your life. Become a man.

Love Journal

Ship of Smoke and Steel is the launch of Django Wexler's cinematic, action-packed epic fantasy Wells of Sorcery trilogy. In the lower wards of Kahnzoka, the great port city of the Blessed Empire, eighteen-year-old ward boss Isoka enforces the will of her criminal masters with the power of Melos, the Well of Combat. The money she collects goes to keep her little sister living in comfort, far from the bloody streets they grew up on. When Isoka's magic is discovered by the government, she's arrested and brought to the Emperor's spymaster, who sends her on an impossible mission: steal Soliton, a legendary ghost ship—a ship from which no one has ever returned. If she fails, her sister's life is forfeit. On board Soliton, nothing is as simple as it seems. Isoka tries to get close to the ship's mysterious captain, but to do it she must become part of the brutal crew and join their endless battles against twisted creatures. She doesn't expect to have to contend with feelings for a charismatic fighter who shares her combat magic, or for a fearless princess who wields an even darker power. “Truly epic, fierce, and exhilarating, Ship of Smoke and Steel will capture you and lock you away. With magical combat sequences fit

for the big screen, the action is almost as breathtaking as the intrigue.” —Morgan Rhodes, New York Times bestselling author of the Falling Kingdoms series At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Finding Ultra

A captivating blend of reportage and memoir exploring the history of the Chicago Cubs When Rich Cohen was eight years old, his father took him to see a Cubs game. On the way out of the park, his father asked him to make a promise. “Promise me you will never be a Cubs fan. The Cubs do not win,” he explained, “and because of that, a Cubs fan will have a diminished life determined by low expectations. That team will screw up your life.” As a result, Cohen became not just a Cubs fan but one of the biggest Cubs fans in the world. In this book, he captures the story of the team, its players and crazy days. Billy Sunday and Ernie Banks, Three Finger Brown and Ryne Sandberg, Bill Buckner, the Bartman Ball, Kris Bryant, Anthony Rizzo—the early dominance followed by a 107 year trek across the wilderness. It’s all here—not just what happened, but what it felt like and what it meant. He searches for the cause of the famous curse. Was it the billy goat, kicked out of Wrigley Field in Game 5 of the 1945 World Series, or does it go back further, to the very origins of the franchise? Driven mad with futility, he went on the road with the team in search of answers, interviewed great players present and past,

researched in libraries but also in the bleachers, double-fisted, a frosty malt in each hand, demanding answers. He came to see the curse as a burden but also as a blessing. Cubs fans are unique, emissaries from a higher realm, warning of hubris and vanity. The blue cap with the red C said, “My Kingdom is not of this world.” He interviewed the architects of the 2016 Cubs, the team that broke the curse. Here’s what he asked: How the hell did you do it? He was at (almost) every game of the 2016 playoff run—a run that culminated in (maybe) the single greatest baseball game ever played. He was excited but also terrified. Losing is easy. What would it mean to win? Wearing a Yankees hat meant corporate excellence. Wearing a Mets hat meant miracles. But wearing a Cubs hat meant loving the game on its most humdrum afternoon—September 13, 1979, say, 14 games out of first place, Larry Bittner driving in Ivan DeJesus. Would we lose that? Would being a Cubs become ordinary? A mix of memoir, reporting, history and baseball theology, this book, forty years in the making, has never been written because it never could be—only with the 2016 World Series can the true arc of the story finally be understood.

Gift Ideas: The Complete Guide to Gifts for Men, Anniversary Gifts, Personalized Gifts and More

From the Twitter account @ManWhoHasItAll, a hilariously unforgiving and eye-opening role reversal parody of self-help guides for the working mother. While

women have long been bombarded with advice about how to be the perfect mom, keep a perfect job, and have glowing skin—all at the same time—men have been left floundering. Can you be a dad and still feel sexy? Can curvy men truly be happy? Can men be funny? Finally, *The Man Who Has It All!*, drawn from the hugely popular satirical Twitter and Facebook accounts, is the first trailblazing guide that "empowers" men and shows them how they, too, can have it all! Providing gendered tips for career men and busy working dads on how to juggle fatherhood and still have a career—while maintaining the perfect bod—*The Man Who Has It All* isn't afraid to address the big questions. Within these pages, learn: What his face shape says about his parenting skills How to express his opinion without coming off as bossy Why staying hydrated will improve his career prospects How he can stop feeling guilty about everything How he should prioritize "me-time" How he can ask for help Uproarious, scathing, unsettling, and revealing, *The Man Who Has It All* seizes the established sexist narratives and double standards women have heard too often in self-help books and magazines, and subverts them with a fiercely ironic feminist twist by speaking to an imaginary male audience —with hilarious and revolutionary results.

100 Hikes of a Lifetime

The cats are back in their continuing mission: to boldly go where no one has gone before. This companion to the bestselling *Star Trek Cats* brings the many

adventures of Star Trek: The Next Generation to life in a faithfully feline homage to the hit series. From encounters with the Borg to adventures on the holodeck, Captain Picard and the rest of the U.S.S. Enterprise NCC-1701-D crew are reimagined as cats with lovingly detailed and eyebrow-raising scenes from throughout the award-winning series, perfect for Star Trek fans across the Galaxy. TM & © 2018 CBS Studios Inc. STAR TREK and related marks and logos are trademarks of CBS Studios Inc. All Rights Reserved.

Stuff You Should Know

From the team that brought you *The Obstacle Is the Way* and *Ego Is the Enemy*, a beautiful daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. The Daily Stoic offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes,

provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.

The Grey

America's top personal trainer, holistic nutritionist and health expert, Ben Greenfield, shows you how to overcome common health-related training issues while optimizing your workouts so you can look, feel, and perform like a champion. You have amazing physical goals. You want the best body you can get. You want to look, feel, and perform like a champion. So you beat yourself up with tough training, day after day, week after week, month after month. As a result, you're held back by frustrating issues like brain fog, broken gut, hormone depletion, heart problems, and destroyed joints--limited to living at a fraction of your peak capacity and powerless to tap into your full potential and achieve your dreams. But it's possible to be healthy on the outside and on the inside. This book gives you every training, nutrition, and lifestyle solution you need to do it, including: -The 2 best ways to build endurance fast without destroying your body -Underground training tactics for maximizing workout efficiency -The best biohacks for enhancing mental performance and instantly entering the zone -How to know with laserlike accuracy whether your body has truly recovered -26 ways to quickly recover from workouts, injuries and overtraining -The 25 most important blood and saliva biomarkers and

how to test them -5 essential elements of training that most athletes neglect -7 stress-fighting weapons to make your mind-body connection bulletproof -Proven systems to enhance sleep, eliminate insomnia, and conquer jetlag -40 high-calorie, nutrient-dense meals that won't destroy your metabolism -Tools for customizing your carbs, proteins and fats for your unique body and goals -9 ways to fix a broken gut, create toxin-free life, and detox your body -A complete system to safeguard your immune system and stomach -Potent time-efficiency tips for balancing training, work, travel, and family. Whether you're an extreme exercise enthusiast or just looking to shed a few pounds, this is the last book on training, endurance, health, and life you will ever need.

The Daily Stoic

Runner's World magazine aims to help runners achieve their personal health, fitness, and performance goals, and to inspire them with vivid, memorable storytelling.

True Love Dates

NEW YORK TIMES BESTSELLER • From the stars of the Netflix series Get Organized with The Home Edit (with a serious fan club that includes Reese Witherspoon,

Gwyneth Paltrow, and Mindy Kaling), here is an accessible, room-by-room guide to establishing new order in your home. Believe this: every single space in your house has the potential to function efficiently and look great. The mishmash of summer and winter clothes in the closet? Yep. Even the dreaded junk drawer? Consider it done. And the best news: it's not hard to do—in fact, it's a lot of fun. From the home organizers who made their orderly eye candy the method that everyone swears by comes Joanna and Clea's signature approach to decluttering. The Home Edit walks you through paring down your belongings in every room, arranging them in a stunning and easy-to-find way (hello, labels!), and maintaining the system so you don't need another do-over in six months. When you're done, you'll not only know exactly where to find things, but you'll also love the way it looks. A masterclass and look book in one, The Home Edit is filled with bright photographs and detailed tips, from placing plastic dishware in a drawer where little hands can reach to categorizing pantry items by color (there's nothing like a little ROYGBIV to soothe the soul). Above all, it's like having your best friends at your side to help you turn the chaos into calm. PLEASE NOTE: The paperback includes a starter set of labels for your refrigerator; the ebook and audiobook include a link to download and print the labels from a computer (you will need 8-1/2 x 11-inch clear repositionable sticker project paper, such as Avery 4397). Featured in Glamour's 10 Books to Help You Live Your Best Life

A native New Englander, chef Bruce Moffett fell in love with the South. Founding chef of three Charlotte restaurants—Barrington's, Good Food on Montford, and Stagioni—Moffett is known for creating dishes inspired by both New England and southern culinary traditions. With the simple, compelling aim of making people happy through his cooking, the chef builds immense flavors in every morsel he prepares and serves—and in this lavishly illustrated cookbook he shows you how to do the same. From small plates of Pickled Butternut Squash Ribbons to Creamy Spring Onion Soup, the meal you make will start out beautifully. Recipes provide step-by-step directions for cooking entire composed dinners, from Pecan-Crusted Lamb with Chipotle BBQ Sauce and Sweet Potatoes to Swordfish with Summer Succotash. Among the book's 120 recipes are irresistible soups, salads, pizza, pasta, vegetable dishes, breads, and desserts. When he arrived in Charlotte almost twenty years ago, Moffett became one of the first chefs there to establish creative, long-term relationships with local farms and purveyors. In his book, written with Keia Mastrianni, he shines a spotlight on the North Carolina producers who provide many of the beautiful ingredients featured daily in his restaurants.

The Chicago Cubs

The Home Edit

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A wildly inventive soul food bible from a two-time Chopped winner and the host of Snapchat's first-ever cooking show. Thousands of fans know Lazarus Lynch for his bold artistic sensibility, exciting take on soul food, and knockout fashion sense. Laz has always had Southern and Caribbean food on his mind and running through his veins; his mother is Guyanese, while his father was from Alabama and ran a popular soul food restaurant in Queens known for its Southern comfort favorites. He created "Son of a Southern Chef" on Instagram as a love letter to the family recipes and love of cooking he inherited. In his debut cookbook, Laz offers up more than 100 recipe hits with new takes on classic dishes like Brown Butter Candy Yam Mash with Goat Cheese Brûlée, Shrimp and Crazy Creamy Cheddar Grits, and Dulce de Leche Banana Pudding. Packed with splashy color photography that pops off the page, this cookbook blends fashion, food, and storytelling to get readers into the kitchen. It's a Southern cookbook like you've never seen before.

Ten Years a Nomad

Cincinnati Magazine taps into the DNA of the city, exploring shopping, dining, living, and culture and giving readers a ringside seat on the issues shaping the region.

How to Travel the World on \$50 a Day

Teachers give much more than they are asked too. Helping students and giving more hours than just a school day. As a token of your appreciation of your favorite teacher, this notebook that offers an inspirational quote on the front and beautifully lined pages, would make the perfect, memorable and useful gift. High quality binding, premium design, paperback, beautiful matte finish looks, perfect size 7"X10" to keep in a purse, backpack or keep on a desk or as a bedside companion journal. Great Teacher Appreciation Gifts, End of the School Year Teacher Gifts, Thank You Teacher Gifts, Teacher Inspirational Quote Gifts or Teacher Retirement Gifts.

Think Like a Monk

What if Questlove threw a dinner party and everyone came? Named one of fall's best cookbooks by Los Angeles Times, GrubStreet, and Eater "Even with its many flashy co-authors, Mixtape Potluck never wavers from its earnest stated intent: to help readers plan the best possible dinner party. With friends like his, Quest is one to trust." - EATER Questlove is best known for his achievements in the music world, but his interest in food runs a close second. He has hosted a series of renowned Food Salons and conversations with some of America's most prominent chefs. Now he is turning his hand to creating a cookbook. In Mixtape Potluck Cookbook, Questlove imagines the ultimate potluck dinner party, inviting more than fifty

chefs, entertainers, and musicians—such as Eric Ripert, Natalie Portman, and Q-Tip—and asking them to bring along their favorite recipes. He also pairs each cook with a song that he feels best captures their unique creative energy. The result is not only an accessible, entertaining cookbook, but also a collection of Questlove's diverting musical commentaries as well as an illustration of the fascinating creative relationship between music and food. With Questlove's unique style of hosting dinner parties and his love of music, food, and entertaining, this book will give readers unexpected insights into the relationship between culture and food. Note: The cover material for this book is meant to mimic the texture and tactile quality of tinfoil and is intentional.

The World's Fittest Book

This ultimate hiker's bucket list, from the celebrated Appalachian Trail to Micronesia's off-the-beaten-path Six Waterfalls Hike, treks through 100 energizing experiences for all levels. Filled with beautiful National Geographic photography, wisdom from expert hikers like Andrew Skurka, need-to-know travel information, and practical wildlife-spotting tips, this inspirational guide offers the planet's best experiences for hikers and sightseers. From short day hikes--California's Sierra High Route, Lake Agnes Teahouse in Alberta, Norway's Mt. Skala--to multiday excursions like Mt. Meru in Tanzania and multi-week treks (Egypt's Sinai Trail, Bhutan's Snowman Trek, and the Bibbulum Track in Australia), you'll find a hike

that matches your interests and skill level. Crossing all continents and climates (from the jungles of Costa Rica to the ice fields in Alaska's Kenai Fjords National Parks), as well as experiences (a wine route through Switzerland or moose spotting on the Teton Crest Trail in Wyoming,) there is a trail for everyone in these pages. So pack your gear and lace your boots: this comprehensive and innovative guide will lead you to experience the best hikes of your life!

The Art of Manliness - Manvotionals

In True Love Dates, Debra Fileta encourages singles not to “kiss dating goodbye” but instead to experience a season of dating as a way to find real love. Through reading powerful, real-life stories (including the author’s personal journey) and gaining insights from Fileta’s experience as a professional counselor, readers will discover that it is possible to find true love through dating. Christians are looking for answers to finding true love. They are disillusioned with the church that has provided little practical application in the area of love and relationships. They’ve been bombarded by Christian books that shun dating, idolize courting, fixate on spirituality, and in the end offer little real relationship help. True Love Dates provides honest help for dating by guiding readers into vital relationship essentials for finding true love. Debra is a young, professional Christian counselor, and True Love Dates offer sound advice grounded in Christian spirituality. It delivers insight, direction, and counsel when it comes to entering the world of dating and learning

to do it right the first time around. Drawing on the stories and struggles of hundreds of young men and women who have pursued finding true love, Fileta helps readers bypass unnecessary pain while focusing on the things that really matter in the world of dating.

From Crook to Cook

Recounts how the author, after realizing the daunting state of his health at age forty, overcame physical challenges and alcoholism over the course of two years while training for Hawaii's elite Ultraman competition.

Mixtape Potluck Cookbook

21st century luxury is about the interplay between cult streetwear brands and elite fashion houses. Explore fashion's transformation for a new generation of in-the-know consumers. Highsnobiety, the publication geared at culturally-connected, style-savvy, forward-thinking young men, is seen as a gatekeeper to the growing intersection of music, fashion, and style. Their latest book seeks to define "New Luxury," a term that summarizes how streetwear and sneakers have not only infiltrated the upper tiers of fashion, but became it. The New Luxury isn't just about what you wear, but also what you know. This book provides the foundational

knowledge of how youth-driven culture and fashion trends start from the ground up.

Bacon's Media Calendar Directory

Brand by Hand documents the work, career, and artistic inspiration of graphic designer extraordinaire Jon Contino. Jon is a born-and-bred New Yorker. He talks like one, he acts like one, and most importantly, he designs like one. He is the founder and creative director of Jon Contino Studio, and over the past two decades, he has built a massive collection of award-winning graphic-design work for high-profile clients such as Nike, 20th Century Fox, and Sports Illustrated. Throughout all of this, he has gone to design hell and back, facing obstacles like fear, self-doubt, and bad luck. Brand by Hand documents the work and career of Jon Contino, exploring his lifelong devotion to the guts and grime of New York and cementing his biggest artistic inspirations, from hardcore music to America's favorite pastime. A graphic-design retrospective showcasing his minimalist illustrations and unmistakable hand-lettering, Brand by Hand shares how Contino has taken a passion for pen and ink and turned it into an expanding empire of clients, merchandise, and artwork.

Japanese Home Cooking

Jay Shetty, social media superstar and host of the #1 podcast *On Purpose*, distills the timeless wisdom he learned as a monk into practical steps anyone can take every day to live a less anxious, more meaningful life. When you think like a monk, you'll understand: -How to overcome negativity -How to stop overthinking -Why comparison kills love -How to use your fear -Why you can't find happiness by looking for it -How to learn from everyone you meet -Why you are not your thoughts -How to find your purpose -Why kindness is crucial to success -And much more

Shetty grew up in a family where you could become one of three things—a doctor, a lawyer, or a failure. His family was convinced he had chosen option three: instead of attending his college graduation ceremony, he headed to India to become a monk, to meditate every day for four to eight hours, and devote his life to helping others. After three years, one of his teachers told him that he would have more impact on the world if he left the monk's path to share his experience and wisdom with others. Heavily in debt, and with no recognizable skills on his résumé, he moved back home in north London with his parents. Shetty reconnected with old school friends—many working for some of the world's largest corporations—who were experiencing tremendous stress, pressure, and unhappiness, and they invited Shetty to coach them on well-being, purpose, and mindfulness. Since then, Shetty has become one of the world's most popular influencers. In 2017, he was named in the *Forbes* magazine 30-under-30 for being a game-changer in the world of media. In 2018, he had the #1 video on Facebook with over 360 million views. His social media following totals over 38 million, he

has produced over 400 viral videos which have amassed more than 8 billion views, and his podcast, *On Purpose*, is consistently ranked the world's #1 Health and Wellness podcast. In this inspiring, empowering book, Shetty draws on his time as a monk to show us how we can clear the roadblocks to our potential and power. Combining ancient wisdom and his own rich experiences in the ashram, *Think Like a Monk* reveals how to overcome negative thoughts and habits, and access the calm and purpose that lie within all of us. He transforms abstract lessons into advice and exercises we can all apply to reduce stress, improve relationships, and give the gifts we find in ourselves to the world. Shetty proves that everyone can—and should—think like a monk.

Movies (And Other Things)

It's time to get off the beaten path. Inspiring equal parts wonder and wanderlust, *Atlas Obscura* celebrates over 700 of the strangest and most curious places in the world. Talk about a bucket list: here are natural wonders—the dazzling glowworm caves in New Zealand, or a baobab tree in South Africa that's so large it has a pub inside where 15 people can drink comfortably. Architectural marvels, including the M.C. Escher-like stepwells in India. Mind-boggling events, like the Baby Jumping Festival in Spain, where men dressed as devils literally vault over rows of squirming infants. Not to mention the Great Stalacpipe Organ in Virginia, Turkmenistan's 40-year hole of fire called the Gates of Hell, a graveyard for

decommissioned ships on the coast of Bangladesh, eccentric bone museums in Italy, or a weather-forecasting invention that was powered by leeches, still on display in Devon, England. Created by Joshua Foer, Dylan Thuras and Ella Morton, *ATLAS OBSCURA* revels in the weird, the unexpected, the overlooked, the hidden and the mysterious. Every page expands our sense of how strange and marvelous the world really is. And with its compelling descriptions, hundreds of photographs, surprising charts, maps for every region of the world, it is a book to enter anywhere, and will be as appealing to the armchair traveler as the die-hard adventurer. Anyone can be a tourist. *ATLAS OBSCURA* is for the explorer.

Wine Simple

Bruce Moffett Cooks

After their plane crashes in Alaska, seven oil workers are led by a skilled huntsman to survival, but a pack of merciless wolves haunts their every step.

The Man Who Has It All

INSTANT #1 NEW YORK TIMES BESTSELLER WALL STREET JOURNAL BESTSELLER

BARNES & NOBLE BESTSELLER AMAZON BESTSELLER "Paging through Serrano's *Movies (and Other Things)* is like taking a long drive at night with a friend; there's that warmth and familiarity where the chat is more important than the fastest route from Point A to Point B; it's like a textbook gone right; your attention couldn't wander if it tried." -- Elisabeth Egan, *New York Times Book Review*

Shea Serrano is back, and his new book, *Movies (And Other Things)*, combines the fury of a John Wick shootout, the sly brilliance of Regina George holding court at a cafeteria table, and the sheer power of a Denzel monologue, all into one. *Movies (And Other Things)* is a book about, quite frankly, movies (and other things). One of the chapters, for example, answers which race Kevin Costner was able to white savior the best, because did you know that he white saviors Mexicans in *McFarland, USA*, and white saviors Native Americans in *Dances with Wolves*, and white saviors Black people in *Black or White*, and white saviors the Cleveland Browns in *Draft Day*? Another of the chapters, for a second example, answers what other high school movie characters would be in Regina George's circle of friends if we opened up the *Mean Girls* universe to include other movies (Johnny Lawrence is temporarily in, Claire from *The Breakfast Club* is in, Ferris Bueller is out, Isis from *Bring It On* is out). Another of the chapters, for a third example, creates a special version of the Academy Awards specifically for rom-coms, the most underrated movie genre of all. And another of the chapters, for a final example, is actually a triple chapter that serves as an NBA-style draft of the very best and most memorable moments in gangster movies. Many, many things happen in *Movies (And Other Things)*,

some of which funny, others of which are sad, a few of which are insightful, and all of which are handled with the type of care and dedication to the smallest details and pockets of pop culture that only a book by Shea Serrano can provide.

Jubilee

Can a girl who risks her life for books and an alien who loves pop music work together to save humanity? A beautiful and thrilling debut novel for fans of Marie Lu and Veronica Roth. Two years ago, a misunderstanding between the leaders of Earth and the invading Ilori resulted in the deaths of one-third of the world's population. Today, seventeen-year-old Ellie Baker survives in an Ilori-controlled center in New York City. With humans deemed dangerously volatile because of their initial reaction to the invasion, emotional expression can be grounds for execution. Music, art and books are illegal, but Ellie still keeps a secret library. When young Ilori commander M0Rr1S finds Ellie's library, he's duty-bound to deliver her for execution. The trouble is, he finds himself drawn to human music and in desperate need of more. Humanity's fate rests in the hands of an alien Ellie should fear, but M0Rr1S has a potential solution—thousands of miles away. The two embark on a wild and dangerous journey with a bag of books and their favorite albums, all the while creating a story and a song of their own that just might save them both.

Our World

In this ebook, you'll find helpful tips on affordable luxury gift ideas, cheap gift ideas, gift ideas for dad, gift ideas for mom, anniversary gifts, personalized gifts, christmas gift ideas and more. GRAB A COPY TODAY!

Ship of Smoke and Steel

Part memoir and part philosophical look at why we travel, filled with stories of Matt Kepnes' adventures abroad, an exploration of wanderlust and what it truly means to be a nomad. "Matt is possibly the most well-traveled person I knowHis knowledge and passion for understanding the world is unrivaled, and never fails to amaze me." —Mark Manson, New York Times bestselling author of The Subtle Art of Not Giving a F*ck Ten Years a Nomad is New York Times bestselling author Matt Kepnes' poignant exploration of wanderlust and what it truly means to be a nomad. Part travel memoir and part philosophical look at why we travel, it is filled with aspirational stories of Kepnes' many adventures. New York Times bestselling author of How to Travel the World on \$50 a Day, Matthew Kepnes knows what it feels like to get the travel bug. After meeting some travelers on a trip to Thailand in 2005, he realized that living life meant more than simply meeting society's traditional milestones, such as buying a car, paying a mortgage, and moving up

the career ladder. Inspired by them, he set off for a year-long trip around the world before he started his career. He finally came home after ten years. Over 500,000 miles, 1,000 hostels, and 90 different countries later, Matt has compiled his favorite stories, experiences, and insights into this travel manifesto. Filled with the color and perspective that only hindsight and self-reflection can offer, these stories get to the real questions at the heart of wanderlust. Travel questions that transcend the basic "how-to," and plumb the depths of what drives us to travel — and what extended travel around the world can teach us about life, ourselves, and our place in the world. Ten Years a Nomad is for travel junkies, the travel-curious, and anyone interested in what you can learn about the world when you don't have a cable bill for a decade or spend a month not wearing shoes living on the beach in Thailand.

Teacher Gift

THE SUNDAY TIMES BESTSELLER How to train for anything and everything, anywhere and everywhere The World's Fittest Book is set to become every fitness enthusiast's bible. Dubbed the body's complete user guide, it will become the go-to resource for learning all you need to know about building muscle, losing fat, eating (healthy) cake and unlocking your superhuman physical potential. Packed with workouts the author tried and tested in the pursuit of multiple world records, it's more than a book, it's the greatest training tool ever written! Designed for anyone

who wants to make permanent and lasting changes to their food and fitness, it's the first book to combine the teachings, tips and tricks of Olympic and World Champions into one, easy to follow resource. This book will show you how it's possible to: Live below 10% body fat with the aid of chocolate and Mayan secrets Add 27% more muscle mass, courtesy of tips from world heavyweight champions Increase speed by 10%, thanks to gold medal winning Olympic sprinters Squat, deadlift and bench weights you never dreamed of lifting, with the guidance of the world's strongest men Improve endurance capacity by 60%, thanks to the knowledge of world champions in multi endurance-based sports all of which the author has achieved during the 10-year 'Fitness Pilgrimage' that has taken him around the globe. Aiming to be the most eclectic and comprehensive fitness guide ever created, The World's Fittest Book is the sum and substance of over a decade of research and the collective wisdom of some of the greatest minds and athletic bodies in history. By learning the lessons within it, readers will understand 'fitness' better than the vast majority of the population. Every chapter will have an easy to digest workout within it and can be read individually. But if you want to read the stories and the science behind the routines, that's there too. Until now, there hasn't been a book covering such an ambitious range of areas, catering for the casual fitness enthusiast seeking clarity and guidance in their own gym routine and kitchen habits as well as the seasoned sportsperson who's hit a plateau and is searching for tips, tricks and tweaks they can make to their training and diet. This book changes that, and will take you on a journey to whatever level of fitness you

want to find.

Men's wear. [semi-monthly]

From the duo behind the massively successful and award-winning podcast Stuff You Should Know comes an unexpected look at things you thought you knew. Josh Clark and Chuck Bryant started the podcast Stuff You Should Know back in 2008 because they were curious—curious about the world around them, curious about what they might have missed in their formal educations, and curious to dig deeper on stuff they thought they understood. As it turns out, they aren't the only curious ones. They've since amassed a rabid fan base, making Stuff You Should Know one of the most popular podcasts in the world. Armed with their inquisitive natures and a passion for sharing, they uncover the weird, fascinating, delightful, or unexpected elements of a wide variety of topics. The pair have now taken their near-boundless "whys" and "hows" from your earbuds to the pages of a book for the first time—featuring a completely new array of subjects that they've long wondered about and wanted to explore. Each chapter is further embellished with snappy visual material to allow for rabbit-hole tangents and digressions—including charts, illustrations, sidebars, and footnotes. Follow along as the two dig into the underlying stories of everything from the origin of Murphy beds, to the history of facial hair, to the psychology of being lost. Have you ever wondered about the world around you, and wished to see the magic in everyday things? Come get

curious with Stuff You Should Know. With Josh and Chuck as your guide, there's something interesting about everything (except maybe jackhammers).

Beyond Training

A read-aloud introduction to geography for young children that, when opened and folded back, creates a freestanding globe Children are invited to identify and experience the Earth's amazing geography through rhyming verse and lush illustrations: from rivers, lakes, and oceans deep, to valleys, hills, and mountains steep. Secondary text offers more detailed, curriculum-focused facts and encourages readers to consider their own living environments, making the reading experience personal yet set within a global backdrop. This informative homage to Earth is sure to inspire readers to learn more about their planet - and to engage with the world around them. Ages 2-5

Son of a Southern Chef

“A celebration of African American cuisine right now, in all of its abundance and variety.”—Tejal Rao, *The New York Times* JAMES BEARD AWARD FINALIST • IACP AWARD FINALIST • NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY *The New York Times* Book Review • *The New Yorker* • NPR • *Chicago Tribune* • *The*

Atlantic • BuzzFeed • Food52 Throughout her career, Toni Tipton-Martin has shed new light on the history, breadth, and depth of African American cuisine. She's introduced us to black cooks, some long forgotten, who established much of what's considered to be our national cuisine. After all, if Thomas Jefferson introduced French haute cuisine to this country, who do you think actually cooked it? In *Jubilee*, Tipton-Martin brings these masters into our kitchens. Through recipes and stories, we cook along with these pioneering figures, from enslaved chefs to middle- and upper-class writers and entrepreneurs. With more than 100 recipes, from classics such as Sweet Potato Biscuits, Seafood Gumbo, Buttermilk Fried Chicken, and Pecan Pie with Bourbon to lesser-known but even more decadent dishes like Bourbon & Apple Hot Toddlies, Spoon Bread, and Baked Ham Glazed with Champagne, *Jubilee* presents techniques, ingredients, and dishes that show the roots of African American cooking—deeply beautiful, culturally diverse, fit for celebration. Praise for *Jubilee* “There are precious few feelings as nice as one that comes from falling in love with a cookbook. . . . New techniques, new flavors, new narratives—everything so thrilling you want to make the recipes over and over again . . . this has been my experience with Toni Tipton-Martin’s *Jubilee*.”—Sam Sifton, *The New York Times* “Despite their deep roots, the recipes—even the oldest ones—feel fresh and modern, a testament to the essentiality of African-American gastronomy to all of American cuisine.”—*The New Yorker* “*Jubilee* is part-essential history lesson, part-brilliantly researched culinary artifact, and wholly functional, not to mention deeply delicious.”—*Kitchn* “Tipton-Martin has given us the gift of a

clear view of the generosity of the black hands that have flavored and shaped American cuisine for over two centuries.”—Taste

The Sound of Stars

From the world-renowned sommelier Aldo Sohm, a dynamic, essential wine guide for a new generation NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY FOOD52 Aldo Sohm is one of the most respected and widely lauded sommeliers in the world. He's worked with celebrated chef Eric Ripert as wine director of three-Michelin-starred Le Bernardin for over a decade, yet his philosophy and approach to wine is much more casual. Aldo's debut book, *Wine Simple*, is full of confidence-building infographics and illustrations, an unbeatable depth of knowledge, effusive encouragement, and, most important, strong opinions on wine so you can learn to form your own. Imbued with Aldo's insatiable passion and eagerness to teach others, *Wine Simple* is accessible, deeply educational, and lively and fun, both in voice and visuals. This essential guide begins with the fundamentals of wine in easy-to-absorb hits of information and pragmatic, everyday tips—key varietals and winemaking regions, how to taste, when to save and when to splurge, and how to set up a wine tasting at home. Aldo then teaches you how to take your wine knowledge to the next level and evolve your palate, including techniques on building a “flavor library,” a cheat sheet to good (and great) vintages (and why you shouldn't put everything on the line for them), tips on troubleshooting tricky wines

(corked? mousy?), and, for the daring, even how to saber a bottle of champagne. This visual, user-friendly approach will inspire readers to have the confidence, curiosity, and enthusiasm to taste smarter, drink boldly, and dive headfirst fearlessly into the exciting world of wine. Praise for *Wine Simple* “If you’ve ever felt like you ought to be smart about wine, this is the book. Aldo makes wine approachable and never dumbed down.”—Madeline Puckette, co-founder of Wine Folly “A meal at Le Bernardin is always an incredible experience, especially with Aldo’s expert knowledge and effortless charm! It can be intimidating to choose wine, but with *Wine Simple* we can all feel like world-class sommeliers.”—Chrissy Teigen “Whoever thinks wine is all about snobbery and intricate complexity should open this book! In less than 300 pages, Aldo Sohm manages to open the doors of this universe with wit, fun, and great pedagogy. A perfect, personal beginner’s guide by a legend in our industry, *Wine Simple* will surely be the bedside book for a new generation of wine lovers.”—Pascaline Lepeltier, Master Sommelier and managing partner, Racines NY

Grown and Flown

Cincinnati Magazine

PARENTING NEVER ENDS. From the founders of the #1 site for parents of teens and young adults comes an essential guide for building strong relationships with your teens and preparing them to successfully launch into adulthood The high school and college years: an extended roller coaster of academics, friends, first loves, first break-ups, driver's ed, jobs, and everything in between. Kids are constantly changing and how we parent them must change, too. But how do we stay close as a family as our lives move apart? Enter the co-founders of Grown and Flown, Lisa Heffernan and Mary Dell Harrington. In the midst of guiding their own kids through this transition, they launched what has become the largest website and online community for parents of fifteen to twenty-five year olds. Now they've compiled new takeaways and fresh insights from all that they've learned into this handy, must-have guide. Grown and Flown is a one-stop resource for parenting teenagers, leading up to—and through—high school and those first years of independence. It covers everything from the monumental (how to let your kids go) to the mundane (how to shop for a dorm room). Organized by topic—such as academics, anxiety and mental health, college life—it features a combination of stories, advice from professionals, and practical sidebars. Consider this your parenting lifeline: an easy-to-use manual that offers support and perspective. Grown and Flown is required reading for anyone looking to raise an adult with whom you have an enduring, profound connection.

Men's Health

UPDATED 2017 EDITION New York Times bestseller! No money? No problem. You can start packing your bags for that trip you've been dreaming a lifetime about. For more than half a decade, Matt Kepnes (aka Nomadic Matt) has been showing readers of his enormously popular travel blog that traveling isn't expensive and that it's affordable to all. He proves that as long as you think out of the box and travel like locals, your trip doesn't have to break your bank, nor do you need to give up luxury. *How to Travel the World on \$50 a Day* reveals Nomadic Matt's tips, tricks, and secrets to comfortable budget travel based on his experience traveling the world without giving up the sushi meals and comfortable beds he enjoys. Offering a blend of advice ranging from travel hacking to smart banking, you'll learn how to: * Avoid paying bank fees anywhere in the world * Earn thousands of free frequent flyer points * Find discount travel cards that can save on hostels, tours, and transportation * Get cheap (or free) plane tickets Whether it's a two-week, two-month, or two-year trip, Nomadic Matt shows you how to stretch your money further so you can travel cheaper, smarter, and longer.

Ebony Man

The essential guide to Japanese home cooking—the ingredients, techniques, and over 100 recipes—for seasoned cooks and beginners who are craving authentic Japanese flavors. Using high-quality, seasonal ingredients in simple preparations,

Sonoko Sakai offers recipes with a gentle voice and a passion for authentic Japanese cooking. Beginning with the pantry, the flavors of this cuisine are explored alongside fundamental recipes, such as dashi and pickles, and traditional techniques, like making noodles and properly cooking rice. Use these building blocks to cook an abundance of everyday recipes with dishes like Grilled Onigiri (rice balls) and Japanese Chicken Curry. From there, the book expands into an exploration of dishes organized by breakfast; vegetables and grains; meat; fish; noodles, dumplings, and savory pancakes; and sweets and beverages. With classic dishes like Kenchin-jiru (Hearty Vegetable Soup with Sobagaki Buckwheat Dumplings), Temaki Zushi (Sushi Hand Rolls), and Oden (Vegetable, Seafood, and Meat Hot Pot) to more inventive dishes like Mochi Waffles with Tatsuta (Fried Chicken) and Maple Yuzu Kosho, First Garden Soba Salad with Lemon-White Miso Vinaigrette, and Amazake (Fermented Rice Drink) Ice Pops with Pickled Cherry Blossoms this is a rich guide to Japanese home cooking. Featuring stunning photographs by Rick Poon, the book also includes stories of food purveyors in California and Japan. This is a generous and authoritative book that will appeal to home cooks of all levels.

Brand by Hand

Star Trek: The Next Generation Cats

Men's Health magazine contains daily tips and articles on fitness, nutrition, relationships, sex, career and lifestyle.

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